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Thursday, January 19, 2012

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High St vision is unveiled



Town's Police hit crime streets in early hours after rate sudden surge in incidents rockets

A WEEK-LONG 'crime spike' has hit Haverhill - bucking the trend after annual figures showed a dramatic drop in crime figures.

Now police officers in plain clothes will be patrolling the streets in the early hours of the morning in a bid to catch criminals in action.

Insp Peter Ferrie, who took over as sector commander for Haverhill last October, said in the past week a total of 33 "acquisitive" crimes – in which BY JO DEEKS

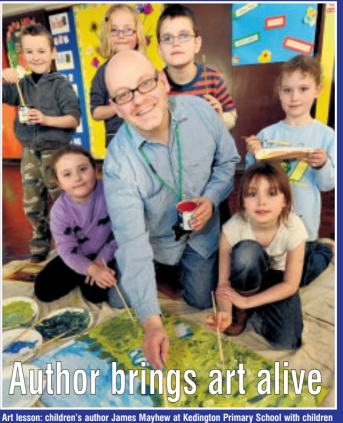
Email: editorial@haverhillweeklvnews.co.uk

property is stolen - had been reported in the area, compared to an average over the three previous years of 18.

Of these, 26 were in the town itself, compared the previous average of 14. There had been four house burglaries, compared to a previous average of one, and nine burglaries from sheds or garages, compared to three previously.

However, year-on-year figures showed a 10 per cent drop in acquisitive crimes, from a total of 848 to 763.

Turn to Page 2



Art lesson: children's author James Mayhew at Kedington Primary School with children from Years 3 and 4.

A COLOURFUL display of art through the ages was created by a group of primary school children — with some expert help from children's author and illustrator James

Mayhew.

The writer of many children's books, including Katie's Picture Show, Mr Mayhew agreed to go along to Kedington Primary School and help the youngsters create eight large poster boards showing the history of art. Their work ranged from cave paintings right up to modern artists such as Banksy, as well as exthact such as Banksy, as well as exthact such as Banksy, as well as styles such as Renaissance art

pointillism and cubism.
Teacher Karen Sheargold said 60 Year 3
children took part in the activity, using
enamel paint donated by Buildbase of
Haverhill.

She said: "He was brilliant. There was She said: "He was brilliant. There was paint everywhere and the children really enjoyed themselves. Afterwards he stayed and signed books and did pencil drawings for the children. He was very generous with his time and it was a very nice day."

The boards will be put together to create one big display in the school hall.

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MP hits out at 'rewards for failure'

HAVERHILL'S MP has hit out at the culture of 'rewards for failure' and called for executives to be prosecuted for serious financial recklessness.

Matthew Hancock, MP for West Suffolk

and co-author of the recent book Masters of Nothing, was making a speech to the to Policy Exchange group in Parliament. Before becoming an MP he had worked for the Bank of England and as an advisor to Chancellor George Osborne.

Mr Hancock, right, outlined the ways in which 'rewards for failure' are wrong ethically and bad economically. He said the Conservative Party is ideally placed to challenge the issue and that of executive pay more widely.

In his speech, he said: "It's been called the 'something-for-nothing' culture; economists call it rent extraction, I call it 'rewards for failure'.

"These examples of rewards for failure are part of a broader something-for-nothing culture that grew up in our welfare system, in parts of the public

sector, and in some of our boardrooms too. I want to argue that on both counts on the economics and on the ethics -

rewards for failure must be addressed and that addressing them runs deep in the conservative tradition.

"For years Labour failed to

act, afraid as they were of upsetting the Faustian pact they had entered into: to let banks rip and spend the tax revenues. We all know how that ended.

"The rule of law; enforcement of contract; monopoly controls; anti subsidy; insider trading rules; these are all crucial to well-

functioning markets, to ensure markets are fair, so success to link reward to success not failure.

"I want to see a law which makes it possible to prosecute executives for serious financial recklessness.

"Our goal must be to make executives think harder about the consequences of their actions, and change the culture of finance so it is safer for us all.'



Keep playing: back from left, Carole Rayner, Sue Palmer, Helen Spooner, Bradley Phillips from Westfield, Denise Chalk, Lucy King and Sara Morrish; from left, Megan Cresswell from Burton End, Caitlin Harling from

Genzyme shows true grit for pupils

PUPILS will be able to use their school playgrounds in icy weather thanks to a donation from a local

Pupils from Burton End and Westfield Primary schools in Haverhill visited the site in the town of biotech firm Genzyme to receive a donation of grit bins and salt as part of its community relations programme

The community relations team at Genzyme Haverhill is made up of a

group of volunteers who offer support to community projects in areas such as healthcare, science, education and the environment. The team has previously been involved in community projects involving local schools and clubs as well as St Nicholas Hospice.

Team chairman Sara Morrish said: "At Haverhill, we are dedicated to playing an active role in our local community. We believe that the grit

bin and salt initiative is a highly practical way to reach out to local schools and contribute to ensuring children can enjoy safe outdoor play as part of their education."

Rosie Campbell, head teacher at Westfield, said: "We are grateful to receive this donation of grit bins and salt from Genzyme as the weather is sure to get worse before it gets better. and they will also complement the new school site that has been built."

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FORTHCOMING ENTERTAINMENT

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Friday 27th January The welcome return of Fallen

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Inspector unhappy after 'really bad week' of crime

From Page 1

Insp Ferrie said shift patterns were being changed – officers would make later foot patrols to try to catch criminals in the

He said: "We have had a really bad week and it is not something I want to continue. My officers will be out at 4am, walking not riding round the estates and in plain clothes, as that is the only way of catching these people.

"We have seen a sudden spike in crime over the past week and I have not yet got to the bottom of what is causing it. It could be a small group of offenders or just one person who has become active.

"We will be taking direct action to tackle it and information from the public is crucial in helping us to do

"People can also help themselves by making their property secure; if all the gates in Haverhill were locked, offenders could probably only commit two offences in a night instead of four.

In some recent incidents, jewellery, an iPod and a digital camera were among the items stolen when a house in Recreation Road, Haverhill, was broken into between 8am and 1.20pm on Monday. A cat-

flap at the rear of the property was damaged, an untidy search made and items stolen including jewellery in three wooden boxes, keys, an iPod and docking station, a digital camera and documents.

Between 6pm and 6.30pm on Saturday, a Ford Transit van parked in St James Court was broken into and a large quantity power tools stolen. In Chainey Pieces, Haverhill, between noon last Thursday, and 12.30pmon Sunday, a garden shed was broken into and a man's red Voodoo mountain bike stolen.

At about 8pm on Sunday three sheds in a garden in Crowland Road, Haverhill, were entered and power tools moved, before the offenders were disturbed and fled empty-handed.

Anyone with information relating to any of these incidents should contact Haverhill Police on 101.

Insp Ferrie said he was very

pleased with overall figures for the past 12 months, compared to an average of the previous three years. Domestic burglaries were down from 79 to 58, sheds etc from 184 to 129, and anti-social behaviour down by almost 300 crimes from 1,809 to 1,523.

■ Police alert over car crime page 9

Cats in need of foster homes

MORE foster homes for cats and kittens are needed by Haverhill's branch of Cats Protection. The local branch of the oldest charity solely dedicated to cats last year found new homes for 85 cats and kittens. The branch also conducted a successful campaign, neutering nearly 100 male and female cats belonging to members of the public. In order to continue helping cats in the area, more foster people are needed to take care of cats and kitten in their homes while they wait to be re-homed permanently. Cats Protection pays for food, litter, worming and flea treatment as well as veterinary care. To find out more about fostering, call 0845 371 9599, email contactcats@ aol.com or visit www.stourvallev.cats.org.u

Crew called to laundrette

FIREFIGHTERS were called to a washing machine on fire in Haverhill Two fire crews from the town were sent to the incident in the Anglia Laundrette in Queen Street, just after 6pm on Friday. The fire had started in an industrial washing machine, but the flames were out upon the crew's

The machine was made safe and the power was isolated by 6.20pm.

Window broken and cash taken

CASH was stolen from a house after a large rear window was smashed by intruders

The break-in happened between 8.10am and 10.50pm last Thursday at a house in Downs Place, Haverhill. Anyone who was in the area between these times, who heard anything unusual or noticed any suspicious activity, should contact Haverhill Police on

Warning over fake PC help

COMPUTER users are being warned to be extra vigilant after some Suffolk residents received telephone calls from people falsely claiming to be Microsoft computer security engineers. Suffolk Trading Standards has issued the warning after reports that coldcallers are telling residents they are at risk of a computer security threat and going on to offer free checks. The victims help the fraudsters gain remote access to their computers. giving them access to personal information including account log-in information and bank details

For further information or to report a call, residents can contact Consumer Direct 08454 04 05 06 or Action Fraud on 0300 123 2040

High St vision is unveiled

AFTER more than two decades of debate, plans to pedestrianise Haverhill's High Street by the end of the year are being put forward even though a public inquiry still looks

Suffolk County Council and St Edmundsbury Borough Council have this week launched joint plans to improve the shopping experience in Haverhill High Street, including an end to the conflict between pedestrians and vehicles by banning traffic during the daytime

It also involves moving the ailing Friday market there, where the Saturday market is already held.

BY JO DEEKS

The High Street would be closed to traffic, with gates similar to those in Queen Street, from 10am to 4pm on Sunday to Thursday, and on Fridays and Saturdays from 6am to 6pm.

Traffic would no longer be able to enter the High Street or Queen Street past the Merton Slade junction in Swan Lane or past the Bull pub in Camps Road. The bottom of Swan

Lane would become two-way, with traffic lights provided so large vehicles could pass through. A 20mph speed limit would be introduced when the street is open to traffic to create a safe environment

for pedestrians.

A new block-paved surface would be put in across the width of the road from the junctions with Swan Lane to the junction with Quakers Lane to create a new civic area with seating, planters and cycle parking and public artwork. A vehicular path would be inferred through the area with different colours in the block-paving. A plaza area would also be created at Jubilee Walk junction, to give this area a similar feel to the area outside the Arts Centre.

Crowland Road would either have restricting parking or become oneway for south-west bound traffic. A dedicated area for blue badge parking would be created in the Brook Car Park, combined with the access both end of the High Street during the restricted hours.

Cllr Anne Gower, St Edmundsbury Cabinet member for Haverhill, said she had lobbied hard for the £750,000 of Government funding and that the paving and other improvements would go ahead, even if objections to the traffic orders meant a public inquiry had to be held over the traffic issues. She said: "It is about

supporting the High Street; if we were to lose Peacocks and Bon Marche, it would leave huge holes and we have got to try and boost

the markets and increase footfall in the town centre.

"The plans going on show put pedestrians first. I hope that as many people as possible will be able to drop in and talk to

Christopher Gurteen, whose factory is in the centre of the town has been one of the main objectors to the scheme and was at the launch of the exhibition. He said: "It all looks wonderful, but it is no different to what has been proposed before and

does not overcome our objections. Access is provided, but it is too narrow for our lorries and there is conflict with pedestrians. I think there will still have to be a public

inquiry and this all seems a huge waste of money." The plans and questionnaire will run from January 27 to February 10. Residents and businesses will be able to view the boards in the Arts Centre at Haverhill High gov.uk/consultations.

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Scheme: plans for the High Street between Swan Lane and Quaker's Lane area include a new surface, planters and public artwork, Right, how the area looks now and below, an elevated impression of the new





Class Timetable Zumba with Kerri Lunchtime Gym Burner Zumba with Lacie Zumba with Lacie **LOW COST** 10:45 12:45 18:45 12:15 18:00 **MEMBERSHIP** 20:00 20:45 Circuits with Rvan From only Hollywood Boot camp with Crèche Spinn Fit Express with Kim *NEW* Yoga with Maggie Boxercise with Lee Zumba with Kerri *NEW TEMP CLASS* Spinn Fit with Ryan 09:30 12:15 17:15 18:00 £24.95 per month 20:00 20:45

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Cash boost to beat the chill

£265k to help the vulnerable

GRANTS to help vulnerable people tackle winter temperatures are now available to residents in St Edmundsbury.

St Edmundsbury Borough Council is working with Suffolk County Council and other groups to combat fuel poverty, with a £265,000 grant from the Warm Homes, Healthy People fund.

A special phone line which offers free information, advice and support has been set up.

Also on offer is the installation of free alarms fitted with extreme temperature sensors, along with a befriending service and a free temporary heater loan scheme.

Free emergency boiler repairs for vulnerable households are available through Age UK.

available through Age UK.
Groups that will benefit will include the over-60s, families on a low incomes, families with children and young people with learning disabilities.

Free insulation and small energy efficiency improvement jobs including draught proofing can be done, as well as free independent energy surveys, with help to install measures to save money and energy.

Road shows will be run by Suffolk ACRE to promote their good neighbour and community BY JO DEEKS

Email: editorial@haverhillweeklvnews.co.uk

oil-buying schemes

Cllr Sara Mildmay-White, St Edmundsbury Cabinet member for health and wellbeing, said: "We are urging anyone who has a vulnerable relative or neighbour to help them to find out more about what support and assistance might be available to them.

"The coldest months are yet to come and we need to get help in place ahead of the chill. The message is to call 08456 037 686 to stay warm."

There are an estimated 7,000 households in fuel poverty in St Edmundsbury. Cllr Colin Noble, Suffolk County Council's portfolio holder for adult and community services said: "There are still a large number of people who cannot afford to sufficiently heat their homes.

"By working with our partners across the county we have been able to secure funding which will help these members of our communities. It is important that we do as much as we possibly can to ensure that everyone stays warm and well this winter."

Further information is available www.suffolk. gov.uk/warmhomes.





Here to help: volunteer Fiona Simm, Major Sidney Pinches, Major Georgia Pinches and Helen Anderson, who is marking her 20th year of cooking. Pictured left and above, diners enjoy their meals at the Salvation Army hall.

Main picture: David Johnson 797588.

Lunch bell ringing for Army diners

VISITORS to a Salvation Army lunch club enjoy a hearty lunch every Monday – and there is room for others to join them.

The club for senior citizens is held at the Salvation Army hall in Chauntry Road, Haverhill, with doors opening for a drop-in session from 9.30am, with coffee and biscuits served, followed by a three-course lunch at noon.

This week 24 lunches were served up by Helen Anderson, who has been cooking for them for the past 20 years, helped by Fiona Fimm, who works for six days a week in a Cambridge hotel, then gives up

her one day a week to help in the kitchen.

Major Sidney Pinches of Haverhill Salvation Army said: "If you are cooking for 24, you could just as easily cook for 30-

plus.
"We have 30-odd
people on our books,
but they can't always
come every week.

"Some come at 9.30am, drink coffee, read the newspapers and have a chat. Some just come at 11.30am for the lunch. They get a very good, substantial and nutritious three-course lunch for £4."

Anyone interested in joining the club should contact Major Pinches on (01440) 705247.

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Warning over holiday scams

PEOPLE booking a sunny holiday to cure their winter blues are being warned to be virilant about scam operators

vigilant about scam operators.
Suffolk Trading Standards has been made aware of several incidents involving county residents being misled by websites associated with booking holidays abroad.

holidays abroad.

The European Healthcare Insurance Card (EHIC), which provides reduced-cost medical treatment in Europe, is free via the NHS. However, many unscrupulous websites charge unnecessarily for this service and often appear as paid adverts at the top of search engines. These sites will charge an administrative fee to check applications, which can be up to £15 per person.

People purchasing visas to travel outside Europe can also face

unnecessary charges.
Cllr Colin Spence, Suffolk County
Council's portfolio holder for public
protection, said: "We would like to urge
people not to get caught out, to do their
homework and to check the small print
on these websites."

For advice on online scams, contact Consumer Direct at www.direct.gov.uk or phone 08454 040506.



Read them their rights: Insp Peter Ferrie's detective skills led him to the kidnap culprits at Burton End Primary School.

Santa kidnap mystery finally solved

of the law after being involved in a plot to kidnap Santa Claus.

Insp Peter Ferrie, Haverhill sector commander, leapt into action at Burton End Primary School on Tuesday to arrest the culprits, who had been at large since before Christmas.

Insp Ferrie swooped following two showings of film A Christmas Catastrophe, a short film based around the theme of Santa being kidnapped.

Castle Manor Business and Enterprise College, Place Farm, Burton End, St Felix and Clements Primary Schools were involved with the film

relating to Christmas being in danger because of Santa's absence.

Audiences were invited to submit votes in a whodunnit as to who was responsible for kidnapping Santa. The film also explored Christmas family traditions and the Christian

meaning of Christmas. Pupils and students between the ages of 5 and 19 and their teachers had been involved in writing the script,

acting, filming and editing The culprits were revealed after voting slips by audience members leaving the screenings were counted up. Suspects included the reindeer,

beer and mince pies while they got only carrots, and the elves, who were protesting about their long hours and poor pay.

Members of the community.

including Haverhill mayor Clli Maureen Byrne, Insp Ferrie and the Reverend Canon Ian Finn, of St Mary's Church, also featured in the film, which was screened twice at Haverhill Arts Centre.

Nick Keeble and Gary Leech from the arts centre were also involved in the production of the film, supporting the school with equipment, technical and creative support.

Woman, 19, told police officer: 'I'll bottle you'

A WOMAN who threatened to 'bottle' a police officer has been banned from all pubs and clubs in her home town for six months and ordered to do unpaid community work.

Helen Mason, 19, of Snowdon Court, Haverhill, admitted three charges relating to the incident in Haverhill High Street on Boxing Day

Her solicitor said Mason was so drunk she could not remember much about it.

District Judge David Cooper described her behaviour as 'outrageous' when she appeared before him at Bury St Edmunds Magistrates' Court on Tuesday.
He said: "Your behaviour was

disgraceful, going out with a bottle and telling the officer 'I am going to bottle you'.

"I am making you subject to a court order and if you don't obey

Fmail: editorial@haverhillweeklynews.co.uk

it, you will be brought back before me, I will lose my temper and you will go to prison."

Ros Keppleman, prosecuting, said a male friend of Mason's had put his arm through a window and cut it.

As she tried to help him, police officers asked her to step back. She started to swear at them, and then began to move her arm towards a bottle they could see in her pocket.

She threatened to 'bottle' one

of the officers and resisted when they arrested her.

Mason told police the offence had only happened because she had consumed a few drinks and she was trying to protect her

Paul Cammiss, representing Mason, said she had pleaded guilty, but could not remember a lot about the incident.

Marie Bluett, of the probation service, produced a report before Mason was sentenced and said she had previously committed public order and anger management offences.

Mrs Bluett said: "She says she will try to keep her temper in the future. She feels the police tend to target her and I feel she is a medium risk of re-offending. Unpaid work would act as a punishment for her."

Mason admitted charges of using threatening behaviour towards PC Stuart Cirket, possessing an offensive weapon and obstructing PC Cirket in the execution of his duty.

Judge Cooper made Mason subject of a 12-month community order, including 80 hours of unpaid work, and made an order excluding her from all pubs and clubs in Haverhill for six months.



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COMMUNITY NEWS

Haverhill and District Local History Group

CHRISTMAS started early for the Haverhill and District Local History Group as we braved the cold to man our stall on the late-night Christmas shopping event, selling our books, DVDs and other products to the crowds thronging the streets. Thankfully, we were back indoors, with the added bonus of mince pies and other nibbles, for our Christmas meeting, where Andrew Jackson's beautifully illustrated talk on Surprising Suffolk certainly lived up to its title, and showed his enthralled audience that they still have much to learn about local history.

Why not join us on our next meeting which, because no one really wants to venture out on these cold winter evenings, will start at 2pm instead of the usual 7.30pm on Wednesday, January 25, in the Arts Centre Studio. We are delighted to welcome Brian Coley, one of an elite team of registered blue badge guides, who promises us an armchair tour of Bury St Edmunds. Admission is free to members, £2 for visitors, and refreshments are available.

And, while you're there, enjoy our latest exhibition, displayed around the History Centre and in the Bistro, showing sporting moments from the many and varied sports groups and teams that have thrived in Haverhill over the years. A timely reminder of the importance of such organisations in promoting the skills and spirit embodied in the Olympic Games.

Kedington Garden Society

KEDINGTON Garden Society began the new year with another successful fundraising quiz.

Thanks went to David and Barbara for their hard work and providing us with a very enjoyable evening.

The next Kedington Garden Society meeting will take place on Tuesday February 7, in The Royal British Legion Hall, Kedington, at 7.30pm, when our speaker will be Andrew Babicz talking about The Royal Botanic Garden Edipburgh

Visitors are always welcome (£1.50 per meeting).

MEMORIES



■ THIS week's picture, taken from our archives, shows a group of pupils with some more senior members of the community. Do you recognise anyone in the picture or know what the event was? Do you know where and when it was taken? No prizes for working out which school the pupils attended!

Email your Community

haverhillweeklynews.co.uk

News to editorial@

attenden:
Send your answers to:
Memories, Haverhill
Weekly News, 4 Queen
Street, Haverhill, CB9
9EF by Tuesday morning,
or email editorial@
haverhillweeklynews.

k. Picture: 7498

Last week's Memories photograph, from our archives, showed Parkway Middle School's basketball team in November 1992. And colleagues of estate agent Melanie Garner recognised her in the picture. Melanie, who works at BY Choice in Haverhill, is pictured fifth from the left in the back row, but could not recall the names of any of her

Picture: 780179



Cancer Research UK

KIND-HEARTED staff and customers of a clothes shop have helped the company to raise an astonishing £850,000 for Cancer Research UK.

Staff members at M&Co, one of the UK's largest independent fashion retailers, have been working tirelessly to raise money for the cancer charity since 2008. The store in High Street, Haverhill, has raised a fantastic $\mathfrak{L}1,002$ since M&Co began its support of the charity.

A variety of fundraising activities took place and included the retailer becoming a donation station for the month of October in 2011. This saw customers donating quality unwanted clothes in M&Co stores for Cancer Research UK

and receiving a $\Sigma 5$ voucher in return to spend in stores or online on purchases over $\Sigma 35$. More than $\Sigma 50,000$ was raised through the activity.

Other fundraising included 222 M&Co staff taking part in the Cancer Research UK Race for Life, fashion shows run by stores, staff raffles, sponsored walks and skydives.

Andy McGeoch, Director of Marketing and Business Development at M&Co, said: "It is really fantastic that everyone has worked together to raise so much for Cancer Research UK. We have given ourselves a target of raising a total of £1m for Cancer Research UK before July 2012 and we will strive to achieve this.

"Employees throughout the company, both in our stores and head office, have championed our fundraising and made

a real difference to the amount we raised. I'd also like to thank our customers in the local community for getting involved and helping us in our efforts."

Claire Rowney, head of corporate partnerships at Cancer Research UK, said: "We're really grateful for the generosity and hard work of M&Co's staff and customers. The £850,000 raised will help pay for the world-class scientists, doctors and nurses at the centre of our life-saving research. Together with partners like M&Co and our supporters, our vision is to continue to save lives and beat cancer."

Cancer Research UK is the world's leading charity dedicated to beating cancer through research. Its groundbreaking work in finding new ways to prevent, diagnose and treat cancer has saved millions of lives.



Town trip: from left, Peter Lobley (St Elizabeth Hospice), Dr Kate Willis (St Nicholas Hospice Care), playe Richard Wright, Bluey, player Lee Bowyer, Jenny Winton (East Anglia's Children's Hospices), Camilla Haycock (ITFC media and PR manager).

St Nicholas Hospice Care

FOOTBALL fans can bid for a VIP match trip and help their local hospice at the same time.

St Nicholas Hospice Care is one of three hospices set to be boosted by a partnership with Ipswich Town Football Club. The club is offering a VIP match-day auction and text-to-donate campaign as part of the its support for the Football League's official charity for 2011/12, Help the Hospices. All the proceeds will be split between St Nicholas Hospice Care, East Anglia's Children's Hospices (EACH) and St Elizabeth Hospice.

The club has donated four pairs of tickets for a money-can't-buy VIP day out — including meeting two Town legends — at the home game against Bristol City on Saturday, March 3, which will be auctioned to the highest email bidders.

The campaign was officially launched on the pitch at Portman Road before the Blackpool home game by two ITFC players, club mascot Bluey and a doctor and nurses from the

The VIP day up for auction includes: meeting

club legends Simon Milton and Bryan Hamilton, a pair of tickets to the Bristol City home game in one of the club's corporate boxes, including a champagne reception, a three-course meal in the club restaurant, a pitch-side photo and a pre-match tour with Simon Milton.

Bids for a pair of VIP tickets should be made by email to VIPday@stnh.org.uk by midnight on Sunday, February 19. You must be 16 or over to bid but there is no age restriction on attending the VIP day. For terms and conditions see www.itfc.co.uk under 'charity partners'.

A spokesman for all three Suffolk hospices said: "Hospice care is free for everyone who needs it but is not free to provide. We are grateful for the chance ITFC has given us to highlight the services we offer to the local community and how much we rely on support and fundraising to provide them."

Fans are also urged to show their support for the hospices by text donating £5. Fans can simply text ITFC99 £5 to 70070 throughout the season or donate online at www.justgiving.com/VIPdav.

Stolen shotgun appeal

POLICE have launched an appeal after a shotgun was stolen from a barn.

The theft happened from a barn in Wickhambrook between 10pm on Monday, January 9 and 7.30am the following morning. The building was entered and a trailer was also stolen.

It was later abandoned at Skelton's Drove outside Mildenhall on Tuesday morning.

The shotgun is an AYA 12 bore side by side, serial number 547347.

Police are asking anyone who finds the weapon to contact them immediately to allow for a proper disposal.

Anyone with information that could help the investigation should contact PC Amos Owen at Haverhill police station on 101 or call Crimestoppers anonymously on 0800 555111

Council bids to run Place Court

TOWN councillors have expressed an interest in running a care home in a bid to avoid it being take over by a private company.

A 4,000-signature petition was sent to Suffolk County Council last year, opposing plans to close or sell off Place Court residential home for the elderly in Camps Road, Haverhill.

At Haverhill Town Council's recent meeting, members agreed to register an interest with Suffolk County in running the home, possibly under the terms of the new Localism Act, which encourages transferring control over services to the most local level.

Town clerk Will Austin said councillors were concerned that if the home was sold as part of a package with 16 others run by Suffolk County Council to one of three private bidders interested, the high standard of



Protest: a demonstration outside Place Court last year, joined by Euro MP Richard Howitt.

care provided would be compromised.

Mr Austin said although the Localism Act was already in force, regulations of how it would work had not yet been provided. He said: "The town council is hopeful that in the spirit of the legislation the county council will respond to our expression of interest and consider it along with potential buyers."

An invitation for Suffolk County Council to send a representative to the meeting to discuss Place Court was declined. Cllr Colin Noble, Suffolk County Council's portfolio holder for adult and care services, wrote to the council saying that he believed a move to one of the three bidders, who all wanted to build a new home on the Place Court site, would be best for the home

Town mayor Maureen Byrne and fellow councillors agreed to continue to fight against plans to sell off the home. It was agreed to invite Deborah Cadman, new chief executive officer for Suffolk County Council, to come to Haverhill to discuss the issue and Cllr Byrne said she would lead a deputation to Ipswich to fight the plan.





Family Announcements 01440 703891

Births

Birthdays

Funeral Directors

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born January 11th, 2012.

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Birthdays

80th Birthdav

JENKINS

January 21st

Happy 80th **Birthday IRENE**

Love and best wishes, Arch XXX

Deaths

80th Birthday JENKINS Happy 80th Birthday

MUM Always there with a bug and a smile. All our love. Michael, Pat. Joyce, Graham Tony, Ann-Marie and nephew John

80th Birthday

XXX

JENKINS NAN Happy 80th Birthday

Lots of love, Shay, Kenny and all your other grandchildren and great-grandchildren

MORLEY. Sandra, passed away peacefully on Sunday, 8th January, 2012. Wonderful and 2012. Wonderful and loving mum, nan and great-nan, who will be sadly missed by all her family and many friends. Funeral service at Little Thurlow Parish Church, on Tuesday, 31st January, at 11.00am, followed by private interment. 11.00am, followed by private interment. Family flowers only please, but if wished donations made payable to St Nicholas Hospice, may be sent c/o H J. Paintin Ltd, 60 Withersfield Road, Hungshill Suffell, CRO Haverhill, Suffolk, CB9

9HE.

PLUMB. Ray of Haverhill, passed away peacefully at A d d e n b r o o k e 's Hospital on Sunday, 8th January, 2012, aged 76 years. Much loved husband to Sally, dearly loved dad to Angelique & Simon and Daniel and Lisa, and a loving grandad to Emma and James. Funeral service at West Suffolk Crematorium on Tuesday, 24th January, 2012, at 12.45pm. Immediate family flowers only please, but if wished donations for ACT (Lewin Stroke Rehabilitation Unit) may be sent c/o H. J. Paintin Ltd, 60 Withersfield Road, Haverhill, Suffolk, CB9 9HE. PLUMB.



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See you on court: the team is made up of Joshua Kershaw (C), Callum Maclean, Tyler Bell, Jordan Hopkins, Thomas Hudson, Andrew Quarrell, Jason Carpenter, Elliot Clarke, Chino Nkem-Paul, Brandon McKay, Nicholas Montano, James

Finals date for victorious players

BASKETBALL stars from Samuel Ward Academy are in both the Western Area and Suffolk County finals.

The Haverhill school's Year 7 boy's

basketball team took part in a tournament involving 12 teams, and got through without losing a game, beating Hardwick 54-14 and Great

The dates for the finals, to be held in Bury St Edmunds, are set to be

Police facing a tax rise or cuts

SUFFOLK Police Authority is to decide whether to raise council tax or face a cut in officer numbers while the county council is set to consider proposals on how to save £26m in the next financial year.

Members of the Police Authority are to choose between keeping the amount of council tax given to police at last year's levels and accepting a one-off £1.25m Government grant, or increasing its component of the council tax by 3.75 per cent to generate £1.55m.

Acceptance of the Government grant would mean the police receive at least £1.6m less per year thereafter with the consequence that police numbers, which started 2011/12 at 1,217, would drop below 1.200.

Chief Constable Simon Ash of

BY JENNIE BAKER

Email: editorial@haverhillweeklynews.co.uk

Suffolk Police will tell members he would have concerns if numbers were to fall below 1,200.

Numbers would stay above this threshold if council tax levels are

Joanna Spicer, chairman of the Police Authority, said decisions would not be taken before all financial scenarios had been examined.

She said: "We recognise that these are difficult times for everyone and want to do everything we can to keep costs down for council tax payers across the county.

"However, our role as an authority is to secure an efficient and effective policing service for Suffolk, which already has one of the lowest cost forces in the

"We need to get this balance right."
The authority will discuss the

two options and the entire policing budget tomorrow before making decisions on Monday.

Meanwhile, Suffolk County Council's cabinet is set to meet on Tuesday to discuss budget-saving proposals which, if approved, will be decided by the full council in February.

The measures would see the authority's share of council tax remain the same but it would look to save £8m from its adult social care budget by putting more money into helping the vulnerable earlier to prevent people needing costlier support

later.
Other savings would include £12m gained through removing processes and introducing efficiency savings, and an additional £1.5m would be shaved off management costs.

Tribute band set date to rock at arts centre

TRIBUTE band the Kaiser Monkey Killers are visiting town next month

The hand cover tracks by Kaiser Chiefs, The Artic Monkeys and The

They make it their mission to "not just play the songs but deliver them".

The Kasier Monkey Killers' two founder members, Mark Eyden and Dean Lanza, have been writing and gigging together for 12 years and won the BBC1 song writing TV series Get Your Act Together.

You can hear them at Haverhill Arts Centre on February 11 at 8pm. Tickets are £7 in advance and £8 on the door.

To book, phone (01440) 714140 or go to www.haverhillartscentre

■ News from Haverhill Arts Centre page 15

Police in car crime alert

Students flocking to college

INQUIRIES about courses at Suffolk College have more than doubled compared to last year.

Open events at the college in Bury St Edmunds have led to an increase in full-time applications for courses starting in September.

There are also a number of courses starting this month and next.

Visitors who attended these events were able to take part in taster sessions, listen to talks on apprenticeships or have a guided tour round the college campus.

Some 67 per cent of potential students who came to the open event applied on the day.

The next Open Event at West Suffolk College will be the apprenticeship open event on Wednesday, February 8 from 6.30pm-8.30pm.

General college open events are scheduled for Wednesday March 7 from 6.30pm-8.30pm and Saturday March 10 from 9.30am-noon.

For more information about events and courses at West Suffolk College, visiti www.westsuffolk.ac.uk or call the college information centre on (01284) 716333.



Fun day planned to boost Aiden's fund

EFFORTS to raise the cash needed to send a two-year-old boy to the USA for the treatment he needs are approaching half the £60,000 target, with a fun day planned to further boost the fund.

Aiden Thomas has cerebral palsy, diagnosed in March last year, after he was born 10 weeks early on 1 January 2010, along with twin brother Owen. He also has bilateral spastic hemiplegia, which means he has stiffness in his right arm and leg and to a lesser extent in his left leg.

His mum Victoria Thompson gives Aiden daily physio to retain his limited range of movement, but he needs further treatment to give him the best chance of leading a full life and keeping up with his twin hypother

Pink Sky Events of Haverhill are organising a fundraising day for the charity. Partners in Pink Sky Events, Sarah Egan and Tracy Connolly, said: "With the deadline looming fast, we want to take away some of the pressure by organising this event, free of charge, to help to give the fund a big boost."

The charity fun day will be held on Saturday, March 17 from 10am-4pm at Haverhill Arts Centre. They plan to provide entertainers, face-painting and kids' tattoos, along with stalls selling goodies for adults and children.

Proud mum: Victoria

Thompson with twin

sons Owen, left, and

The day will finish on a high with a performance by Haverhill singer Jade Donno.

The organisers would like donated raffle prizes and gifts, vouchers and event tickets to use for a silent auction. Anyone who can help should e-mail info@pinksky events.co.uk.

To help the fund, visit: www.justgiving.com/aidens footsteps or donate to Aiden's Footsteps Fund by texting DAFF78 and the amount to 70070.

Owners urged to secure vehicles

A SPATE of thefts from vehicles has sparked a fresh alert from police.

Police officers in Haverhill are reminding people to 'lock it or lose it' after it was revealed many of the vehicles targeted had been left insecured.

Three vehicles were broken into overnight between Saturday, January 7 and Sunday, January 8 in Horsham Close, Abercorn Court and Bute Court.

A further five vehicles were targeted overnight between Monday, January 9 and Tuesday, January 10, in Pinhoe Drive, Betony Walk, Mallow Walk and Harewood Terrace, Haverhill, as well as one at Westward Deals, Kedington.

PC Michael Potter of the Haverhill Safer Neighbourhood team (SNT) said: "It's vitally important not to make life easy for opportunist criminals.

"You should always make sure that doors are locked and that valuables are removed from your vehicle rather than hidden – you can even leave your glovebox open to show that it is empty. Wiping away any suction BY JO DEEKS

Email: editorial@haverhillweeklynews.co.uk

marks on your window left from a sat-nav makes your car or van less appealing and trying to park in well-lit areas can deter would-be criminals from targeting your vehicle in the first place.

"It's always best to use a garage if you have one, or have the opportunity to.

"By taking these simple steps, you can deter thieves and make your car far less vulnerable to break-ins. It's easy to do but it's still concerning how many people fail to take crime-prevention measures."

In response to these incidents, police will be conducting both high-visibility and covert patrols to deter and target offenders.

If you see anyone acting suspiciously around parked vehicles call the police immediately on 999, giving as a full as description as possible.

For further crime prevention advice, visit www.suffolk.police.uk or contact your Safer Neighbourhood Team on 101.

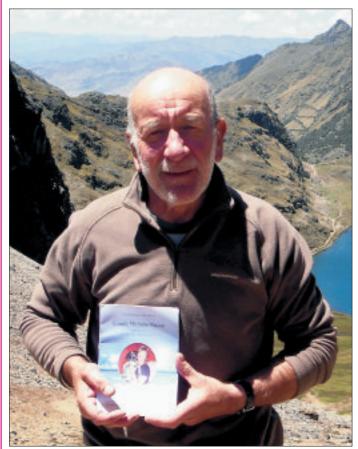




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Husband sets himself Peru challenge in wife's memory



In loving memory: Graham holds the order of service from Carole's funeral during his trek

BY LOUISE MARTIN

Email: weeklies@cambridge-news.co.uk

TANDING at 15,500 feet, gazing out at the epic Peruvian landscape, Graham Rouse felt an overwhelming sense of achievement.

After five days of trekking through the untouched Lares region of Peru last November, the 65-year-old had battled tough terrain and dangerous altitude to make it to Machu

"I have to admit it was very hard," smiles Graham. "The days were warm but the nights were just so incredibly cold; I doubt whether I had 20 hours sleep in 10 days. I was knackered by the time I got home and it's taken me a bit of time to get over it, but I did it for a real reason.'

Graham completed the massive challenge in memory of his beloved wife Carole, who passed away in February last year after an 18-month battle with cancer, aged

Both animal lovers -Graham, a business consultant, shares his Needingworth home with the couple's rescue When Graham Rouse's beloved wife Carole died from cancer at just 48, it felt like history repeating itself: he had lost his first wife, Gloria, to cancer at the same age. But with Carole's words - 'don't sit and mope, vou've got to get on with life' - ringing in his ears, Graham embarked on a gruelling fundraising challenge in her memory . . .

dogs Jazz, Ace and Theo - his accomplishment has so far raised more than £6,600 for the Wood Green animal charity at Godmanchester.

In September 2009, Carole found a lump in the right hand side of her face. A biopsy confirmed she had salivary duct cancer – a rare form of cancer – and, just a week before Christmas, she underwent major surgery to remove the tumour from her right parotid gland.

"It was a very aggressive strain and one that wouldn't respond to chemotherapy," says Graham. "That was told to us from the start."

Both keen travellers the couple actually met on holiday and lived in Cyprus for four-and-a-half years following their wedding in 1995 Graham decided to take his wife on a cruise around the Arabian Peninsula to help her recovery, before

beginning a six-week course of radiotherapy. But just before her treatment was due to begin Carole, who worked for the NHS in Cambridge, found a further two lumps in succession in the same area, and required two more operations to remove them.

"The operations left her a bit low and tearful and it did knock her for six, but the radio treatment was even worse," remembers Graham. "That was every day for six weeks and it really dragged her down because she could hardly eat; as she put it she found herself on an involuntary diet, but she was a fighter and stood the course and she went through it."

Following the gruelling treatment, the couple headed to Austria for a week of recuperation. But while sitting in the hotel gardens, Carole discovered yet another

lump, this time on the opposite side of her face. "The only way that the cancer could go from one side to the other was through the body, following the lymph glands," says Graham. "So they did a whole body scan and found hot spots in her liver, abdomen and upper chest cage. We were told at the end of 2010 that the cancer was terminal. And that's when our world fell apart.

"I'll always remember coming back home after that. I was sitting here moaning about our world being shattered but Carole, being Carole, just said: 'There's no point moaning about it, we've got to get on doing things.' So basically I was the one thinking 'poor soul' and she was saying: 'Come on, we need to plan what we're going to

With doctors estimating Carole had just 12 months left to live, the couple started planning a wish list of what they wanted to do before she got too poorly. Holidays to St Lucia, Kenya and a cruise to the Norwegian fjords were booked alongside Take That tickets and a trip on the London Eye followed by tea at the Ritz.

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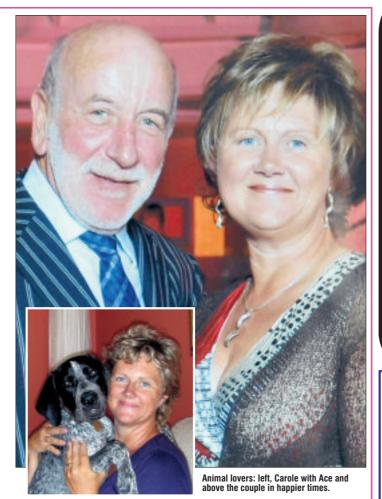


Tips, routes and inspiring stories

WEDNESDAY



Special focus on the natural world



Describing his wife as a "fighter" and a "completer finisher", Graham smiles when he explains that, despite becoming quite weak as her illness progressed, his wife continued to work until just a few days before she died on February 18 last year, just four-and-a half months after being told her cancer was terminal.

"We did a few of the things we planned but we didn't complete them all," says Graham. "The day before she died she wanted to see the doctor and she went in very weak – she insisted on walking – and actually sat there and asked for a return to work form. That was her way of dealing with it, Carole just carried on."

Tragically, Carole is the second wife Graham has lost to cancer. His first wife, Gloria, died from ovarian cancer, also at the age of 48, when their son Ashley was 14.

"It's very spooky and it's very tough to take," says Graham. "I never thought marrying someone 16 years my younger that I would be the survivor. One thing I fear is being here on my own in my last days. It was going to be reverse roles because presumably Carole would outlive me because of her age, but not so."

With the help of Graham, Carole had planned her own funeral – a civil service, including one of her favourite songs Don't Worry, Be Happy – and, known for her huge love for live, had made Graham promise to continue to live his life to the full, after she had gone.
"Two weeks before she

died we went to St Lucia and we went on one of the little cruises, remembers Graham. "She started getting a bit emotional and I asked what was wrong and she said: 'This could be my last time on a boat.' We got back to the place we were staying and she said: 'Right, I need to have a word, now we need to think about you. You have to promise me that you won't sit around and mope, you've had it before, you've got to get on with life'."

With support from his family and friends and some counselling from Wallace Cancer Care, which was another charity close to Carole's heart, Graham has been able to look to the future once more.

"When you lose a

partner there's a loss of confidence and a loss of security, and you suddenly find yourself in the world on your own and you've got to get going again somehow. I've felt angry, annoyed, and much stronger words than that and there have been moments when I've been full of emotion and you think: 'Is it worth going on?', but I've got through that now."

A regular donator to Wood Green, it was in a monthly newsletter from the charity that Graham found details about the trek through Peru, and immediately got in touch. "I signed up for it quite soon after Carole died as a focus and something to work towards," says Graham. "It got me through a lot of last year."

With the trip scheduled for November, Graham, who keeps fit by walking his three lively dogs, trained for his adventure by completing some challenging walks in Croatia and Austria as well as the Lake District and the Peak District.

After five days of trekking through the remote region, Graham was one of 18 to arrive at the lost city of Machu Picchu, which, he says, was a very emotional experience.

"I know she would have been very proud of me," he smiles. "It was very emotional when we got to the top, not just me, lots of people, just because we had achieved so much.

"It had been a struggle and I would never attempt it again, not at my age, but I did it because of Carole, I did it because I wanted to support the charity and I did it because it was a positive focus for me, which is what she wanted."

• If you would like to donate to Graham's fundraising for Wood Green, please visit http://www.justgiving.co m/graham-rouse.



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Give blood and save lives, urges Pamela

A DONOR is urging everyone to give blood after a transfusion saved her life more than 35 years ago.

Pamela Phipps, 65, of Linton, had complications during her pregnancy which left her fighting for her life – a transfusion of 11 pints of blood helped to save her.

But when she regained consciousness, she was given the devastating news that she and her husband had lost the son they had longed for, whom they named Robin.

Following the ordeal in 1976, Pamela continued to give blood and believes everyone able to should do the same.

The occupational health consultant said: "If it hadn't been for the generosity and selfless act of blood donors, I would not have lived.

"I urge everyone to donate if they can; each whole blood donation can help three people.

BY RACHEL ALLEN

Email: editorial@haverhillweeklynews.co.uk

"I believe it is the most altruistic act that humans can do for one another." Georgina Norris is the local donor

Georgina Norris is the local donor relations co-ordinator at NHS Blood and Transplant for the Cambridge, Suffolk and Norfolk area.

She said: "Pamela's story clearly shows why blood donors are so important. Dedicated donors really do keep our organisation going, but we need more lifesaving donors in this area."

Regular donor sessions take place at Haverhill Arts Centre. The next one is scheduled for Tuesday, February 7. The next session in Linton is planned for Wednesday, April 4.

Georgina said: "There is still lots of availability so please phone 0300 123 23 23 and make it your new year's resolution to make an appointment."

For more information, visit www.blood.co.uk.



Sign up now for a health kick

PATIENTS in Suffolk are being invited to sign up now for a free course that will help them better manage their long-term health conditions.

The Chronic Disease Self-Management courses are taking place in locations across the county and are aimed at people with long-term conditions such as diabetes, heart disease and asthma. Sessions will be for twoand-a-half hours, for six weeks, beginning in February 2012.

Courses are taking place in Haverhill from February 9 to March 15, every Thursday; in Newmarket from February 10 to March 16, every Friday; in Mildenhall from February 21 to March 27, every Tuesday and in Bury St Edmunds from February 1 to March 7, every Wednesday.

Olive Quinton, NHS Suffolk's health improvement facilitator said: "Each course is delivered by a trained tutor; people who themselves have a long-term condition.

"The course will help participants reduce feelings of isolation and depression, encourage living a healthier lifestyle, improve relationships with family, friends and medical staff and feel more in control."

Anyone interested in joining a course should phone 0800 988 5550



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Keeping clients equipped: VHS staff from left are Nicolae Constantin, Rachael Ager and Kevin Ager.

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Volunteers: Cheryl and Peter Owen help at St Nicholas Hospice. CP.

Hospice couple are happy to help out

VOLUNTEERING makes you happy it's official

Research shows that volunteering can improve your health and life satisfaction, so St Nicholas Hospice Care is calling for more helpers.

One couple from Kedington are proof of the benefits of volunteering and putting skills to good use. Peter and Cheryl Owen both have roles at the Bury St Edmunds hospice.

Cheryl volunteers with the art workshops in Orchard Day Therapy, for the family support team and bereavement groups. She said: "I have been volunteering for St Nicholas Hospice Care for five years. I got involved for a combination of reasons, partly because I wanted to do something worthwhile in the community and also I had friends who had done similar things at another hospice.

"I enjoy volunteering enormously – that's why I do so much of it. You can feel the difference your work makes to the people you are working with, so you can't help but feel happy."

Peter has volunteered for the hospice for three years and works in Orchard Day Therapy, on Sylvan Ward and with the family support team.

He said: "It is fun and definitely makes you happy. You feel you're giving something back, while the excellent training helps you to feel totally safe and supported."

Volunteers can give as much or as little time as they like. There are vacancies across the board, but at the moment the hospice is in great need of van drivers and drivers' assistants, retail assistants at all the hospice shops and the retail centre, on the Moreton Hall estate and people who can help at fundraising events, raise awareness and come up with creative ways of fundraising.

The hospice also needs help with creative pursuits, counselling, complementary and beauty therapies, administration, marketing and counselling, to name just a few.

To find out more, phone (01284) 766418, email volunteersdept @stnh.org.uk.

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Park scheme to mark the jubilee

PLANS have been unveiled to create a new park and allotments on a former school site to mark the Queen's Diamond Jubilee.

The two-and-a-half-acre site of the former Clements Primary School in Gloucester Road, Haverhill, would be called Jubilee Park and would include a children's play area surrounded by parkland, with a network of footpaths to surrounding areas.

It would be surrounded by 6ft mesh fencing and gates to be locked and unlocked by a group of local volunteers.

A number of allotment plots would also be provided, aimed to reduce the current waiting list of 70 people wanting them in Haverhill.

St Edmundsbury Borough Council agreed to develop the former school site as a public open space to fulfil a condition imposed on Suffolk County Council when it applied for permission to build the new Clements Primary School on a section of the nearby Puddlebrook Playing Fields.

The old school buildings have recently been demolished and all that now remains on site is a car park, a hard-surfaced former playground area, the boundary fencing and a number of

BY JO DEEKS

Email: editorial@haverhillweeklynews.co.uk

mature trees which skirt the boundary.

Council officers carried out public consultations to find out what local residents would like to see developed on the site. They said they wanted a parkland area with a children's play area and an allotment/community garden area, within which would be a single communal building to provide toilets, meeting and storage facilities.

Damien Parks, St Edmundsbury parks manager, said the council had inherited the site to replace the open space at Puddlebrook where the new school was built.

About £100,000 has been received from Suffolk County Council as part of a compensation package would be used to create the new park.

He said: "If we get consent we will be hoping to get something open by June, to coincide with the Diamond Jubilee of the Queen's reign.

"It is very dense housing up there and we carried out consultation with local people to see what they wanted.

"There is a small group of people who wanted to be kept informed and we will be working with them to develop the park."



Be inspired at our free activity morning:

FUN AND JUMP!

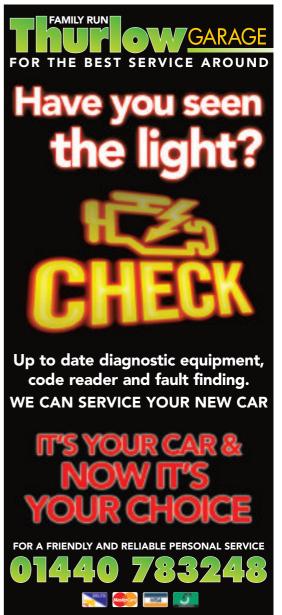
Tuesday 31 January 2012, 9.30-11.00am

An activity morning for children aged three and four and their parents and carers. Sticking, singing, making and a chance to climb and jump in the Gym.

Open to all children, not just those planning to join the School.



To find out more or to let us know you are coming, please contact Fiona Baudains on 01799 522348 or info@damebradburys.com www.damebradburys.com Ashdon Road, Saffron Walden, Essex CB10 2AL





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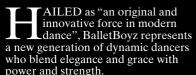
THIS WEEK

Latest films 15

Puzzles 16

Gardening 17

Weekend TV 18



who blend elegance and grower and strength.

BalletBoyz was founded in 2000 by former Royal Ballet dancers Michael Nunn and Cambridge-born William Trevitt. Their 2004 production. Broken

Fall, earned them a Laurence Olivier Award for Best New Dance Production. Their latest offering, The Talent – at Cambridge Arts Theatre at the weekend – has been hailed as "dance at its most riveting and fearless" by The Independent on Sunday, and received a fourstar review in The Daily Telegraph.

The programme includes Russell Maliphant's Torsion, Paul Roberts' haunting Alpha and the critically acclaimed Void, by Czech choreographer Jarek Cemerek.

For some of the dancers – handpicked by Trevitt and Nunn at open auditions – The Talent will be their first professional performance, and for audiences it represents a new kind of dance, with backstage video clips breaking down barriers in favour of a more Fall, earned them a Laurence Olivier Award for

breaking down barriers in favour of a more

inclusive feel.

BalletBoyz were the subject of a popular Channel 4 documentary series and a follow-up film about the making of The Talent was broadcast on More4 on Christmas

Filmed over two years, BalletBoyz: Next Generation explored what it takes to turn eight individuals into one formidable company, following the process from first auditions, through bootcamp training and creating work -

right up to the company's recent performance in Addis Ababa, Ethiopia. Altitude sickness, broken bones,

rolling power cuts and a punishing schedule were just some of the hurdles faced to bring the BalletBoyz magic to Africa and stage a performance in Addis Ababa's prestigious City Hall. The film is available to watch for the next 12 days at http://www.channel4.com/ programmes/balletboyznext-generation/4od.

BalletBoyz, Cambridge Arts Theatre, January 20/21. Tickets from £15. Contact (01223) 503333 / www.cambridgeartstheatre.com

Here come the Boyz

haverhill artscentre BOX OFFICE 01440 714140 WWW.haverhillartscontra Sun 29 Jan • 8pm Monkey Nuts Comedy Club The Mersey Makers

Sat 11 Feb • 8.00pm Kaiser Monkey Killers Ved 15 Feb • 2.00pm

The Owl Who Was Afraid of the Dark

The Future Is Unwritten
Way Out West
A surreal yet accessibl
comedy drama
Sat 25 Feb • 8.00pm
An Instinct

for Kindness
Exploring the ethical issu

CINEMA on 23 Jan • 7.45pn



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news from



CENTRE Stage Company fans will be glad Mother Goose is finally here, with performances on Saturday, Sunday, Thursday, January 26 and Saturday, January 28. Follow the dame, Mother Goose, struggling to make ends meet on her farm, along with the evil demon king, a kind fairy queen, a squire and his handsome son – not forgetting the help and hindrance of the other characters and the usual gags, giggles and audience participation.

We have Romantics Anonymous (12A) showing on Monday January, 23 at 7.45pm. With his beloved chocolate business turning sour, socially awkward boss Jean-René decides to enlist an extra pair of hands. Enter Angélique, a chronically shy young woman who shares Jean-René's passion for all things chocolate.

As the pair become more and more acquainted it is not long before chocolate is not the only sensual element in the air. French with English subtitles.

Dates for the diary include Way Out West on Saturday, February 18 at 7.30pm, a thought-provoking play about two men who come to believe they are the reincarnation of Laurel and Hardy. Haverhill Silver Band with guests Tube on Sunday at 7.30pm providing a contemporary take on brass music, and tributes to two iconic 90s bands, Total Stone Roses and Oaysis on Friday, February 24 at

For tickets and show details contact the box office on 01440 714140 or go to www. haverhillartscentre.co.uk



Hitchhiker's to return

THE Hitchhiker's Guide to the Galaxy is thumbing a lift back to Cambridge this summer. Douglas Adams's sci-fi comedy classic is returning to its creator's home city, reuniting the original cast in a "live radio" format

The legendary radio and TV cast, led by Simon Jones as Arthur Dent, will perform highlights from the entire Hitchhiker's saga. They will be joined on stage by a series of VIP Guest Voices Of The Book and supporting actors from Hitchhiker's in all its phases. The show is at the Corn Exchange on July 16 and 17. Contact (01223) 357851/ www.cornex.co.uk.

■ McFly, below, have joined the line-up for this year's summer concerts at Newmarket Racecourses. The band - enjoying a new surge of popularity following Harry Judd and Dougie Poynter's victories on Strictly Come Dancing and I'm A Celebrity – will play the racecourses on June 9. Tickets range from £15-29, available from 0844 579 3010/www.newmarket racecourses.co.uk.



Cinema listings

All times are PM unless otherwise stated. Times from Fri. Jan 20-Thu, Jan 26

HAVERHILL CINEWORLD 0871 200 2000 www.cineworld.co.uk

Haywire (15): Fri 3.30, 5.50, 8.10 Sat-Sun 1, 3.30, 5.50, 8.10 Mon-Thu 3.30, 5.50, 8.10 Underworld: Awakening [3D] (18): Fri 4.10, 6.30, 8.55 Sat-Sun 11.20am, 1.40, 4.10, 6.30, 8.55

Mon-Thu 4.10, 6.30, 8.55 War Horse (12A): Fri 4.45, 8 Sat-Sun 1.30 (subtitles Sun), 4.45, 8 Mon-Thu 4.45, 8 The Darkest Hour [3D] (12A): Fri-

Thu 6 10 The Iron Lady (12A): Fri 3.50, 8.30 Sat-Sun 11am, 1.20, 3.50, 8.30

Mon-Thu 3.50 (subtitles Tues), 8.30 Mission: Impossible - Ghost Protocol (12A): Fri-Thu 6 Sherlock Holmes: A Game Of Shadows (12A): Fri-Thu 3.20, 8.45 Alvin And The Chipmunks: Chipwrecked (U): Sat-Sun 10.50am,

Puss In Boots (U): Sun 11.10am movies for juniors A Turtle's Tale - Sammy's Adventures (U): Sat 10am

Rio (U): Sat 10.10am

HAVERHILL ARTS CENTRE (01440) 714140 www.haverhillartscentre.co.uk Romantics Anonymous (12A): Mon

CAMBRIDGE VUE 0871 224 0240 www.myvue.com Arthur Christmas (U): Sat-Sun

talented actors, technicians and

King Lear promises to be one of

ADC's spring season and one of

Set in an alternative 21st-century

ETG's most ambitious projects

creatives from within the

the major highlights of the

university.

Coriolanus (15): Fri 10.10am. 12.45, 3.20, 5.50, 8.30, 11.20 Sat 12.25, 3.10, 5.50, 8.30, 11.20 Sun 12.25, 3.10, 5.50, 8.30 Mon-Tues 10.10am, 12.45, 3.20, 5.50, 8.30 wed 10.10am, 12.45, 3.20, 5.50, 8.30, 11.20 Thu 10.10am, 12.45, 3.20, 5.50, 8.30 3.20, 5.50, 8.30 4.45, 5, 7.15, 9.30, 11.45 Sat 12.30, 2.45, 5, 7.15, 9.30, 11.45 Sun 12.30, 2.45, 5, 7.15, 9.30 Mon-Tues 10.20am, 12.30, 2.45, 5, Mon-Tues 10.20am, 12.30, 2.45, 5, 7.15, 9.30 Wed 10.20am, 12.30, 2.45, 5, 7.15, 9.30 Wed 10.20am, 12.30, 2.45, 5, 7.15, 9.30, 11.45 Thu 10.20am, 12.30, 2.45, 5, 7.15, 9.30 The Sitter (15): Fri-Sat 10.10am, 12noon, 2, 4, 6, 8, 10 Wed 10.10am, 12.100, 2.50, 5.30, 8.15, 11 Sat 9.40am, 12.10, 2.50, 5.30, 8.15, 11 Sun 9.40am, 12.10, 2.50, 5.30, 8.15 Mon-Tues 10am, 12.30, 3, 5.30, 8.15 Wed 10am, 12.30, 3, 5.30, 8.15 Wed 10am, 12.30, 3, 5.30, 8.15 Wed 10am, 12.30, 3, 5.30, 8.15, 11 Thu 10am, 12.30, 3, 5.30, 8.15 War Horse (12A): Fri-Thu 10.30am, 1.40, 4.50, 7 (subtitles Tues), 8 The Iron Lady (12A): Fri-Sat 9.20,

11.45 Sun-Tues 9.20 Wed 9.20, 11.45 Thu 9.20

The Artist (PG): Fri 10am, 12.10, 2.20, 4.40, 7 Sat-Sun 12noon, 2.20, 4.40, 7 Mon-Thu 10am, 12.10, 2.20, 4.40, 7

The big film

vagabond and a madman.

apart by bitter rivalries and

As the fabric of society is torn

deception, the kingdom is left in

■ King Lear, ADC Theatre, until

January 21, 7.45pm. Tickets are

from £8 (£6 2.30pm Saturday matinee). Contact (01223) 300085 / www.adctheatre.com

J EDGAR Certificate 15, 136m

DURING a turbulent and contentious term in power spanning almost 50 years, J Edgar Hoover was instrumental in the fight against mounting criminality on the streets of America

In 1924 he was appointed director of the Bureau of Investigation – later to become the FBI – and he threw his weight behind the latest developments in forensic science His achievements were considerable but his methods were heavily criticised, including supposed heavyhanded treatment of suspects and secret dossiers on important figures which could be used to strengthen his position on Capitol Hill. As Hoover, played with scenery-chewing gusto by Leonardo DiCaprio in Clint Eastwood's handsomely crafted and slow-burning biopic, tells a close ally, "No-one freely shares power in Washington." Eastwood crafts a meticulous and elegiac portrait of a man whose professional travails were almost as

Mission Impossible – Ghost Protocol (12A): Fri 10am, 12.45 6.10 Sat-Sun 9.30am, 12.20, 6.10 Mon-Thu 10am, 12.45, 6.10 The Girl With The Dragon Tattoo (18): Fri-Thu 3.40 (subtitles Sun)

Sherlock Holmes: Game Of

fascinating as the swirl of rumours

surrounding his close relationship

with FBI assistant director Clyde Following Hoover's death, Tolson accepted the flag draped over his mentor's coffin and inherited J Edgars estate. They are buried close to each other in the Congressional Cemetery. Screenwriter Dustin Lance Black, who won an Oscar for *Milk*, underpins his history lesson with a tender and chaste romance between the two men. The film opens with Hoover (DiCaprio) clinging to power. assisted as ever by loyal secretary Helen Gandy (Naomi Watts). He begins to dictate his memoirs to

Shadows (12A): Fri-Sat 3.30, 9.10. midnight Sun-Tues 3.30, 9.10 Wed 3.30, 9.10, midnight Thu 3.30, 9.10 Puss In Boots 2D (U): Fri 11.20am, 1.30 Sat-Sun 9.15am, 11.20am, 1.30 Mon-Thu 11.20am, 1.30 Darkest Hour 3D (12A): Fri-Sat 11.15 Wed 11.15

Agent Smith (Ed Westwick) and drifts back in time in hazy reminiscences to the 1919 bombings which sent shockwaves through Washington DC. With Clyde (Armie Hammer) by his side, Hoover becomes embroiled in the ill-fated search for the missing infant son of aviator Charles Lindbergh (Josh Lucas) and clashes with Robert F Kennedy (Jeffrey Donovan). Away from the corridors of power,

Hoover strives tirelessly to impress his domineering mother. Anna Marie (Dame Judi Dench), who instructs him to hold firm when others doubt

Happy Feet 2 2D (U): Sat-Sun 10.10am Hugo 3D (U): Sat-Sun 9.20am

CAMBRIDGE CINEWORLD 0871 200 2000 www.cineworld.co.uk Haywire (15): Fri 2.25, 4.25, 6.35,

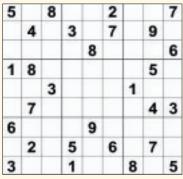
6.35, 8.50, 10.50 Sun 12.20, 2.25, 4.25, 6.35, 8.50 Mon-Thu 2.25, 4.25, 6.35, 8.50 Underworld: Awakening [3D] (18): Fri-Thu 5.20, 7.20, 9.20 J Edgar(15): Fri-Sat 2.20, 5.10, 8, 10.45 Sun-Thu 2.20 (subtitles Sun-10.45 Sun-1riu 2.20 (subulues Sun Mon), 5.10, 8 War Horse (12A): Fri-Sat 2.10, 3, 5.05, 6, 8.30 Sun 11am, 2.10, 3, 5.05, 6, 8.30 Mon-Thu 2.10, 3, 5.05, 6, 8.30 (11.00am Sun only), 2.10, 3, 5.05, The Darkest Hour [3D] (12A): Fri 1, 3.10 Sat-Sun 10.50am, 1, 3.10 Mon-Thu 1, 3.10 Mon-Thu 1, 3.10
The Iron Lady (12A): Fri 1.50, 4.05, 6.20, 8.35, 10.50 Sat 11.30am, 1.50, 4.05, 6.20, 8.35, 10.50 Sun 11.30am, 1.50, 4.05, 6.20, 8.35
Mon-Thu 1.50, 4.05, 6.20, 8.35
The Artist (PG): Fri 1.45, 4, 6.15, 8.35 Sat-Sun 11.30am, 1.45, 4, 6.15, 8.35 Mon 1.45, 4, 8.35 Tues-Thu 1.45, 4, 6.15, 8.35 Mon 1.45, 4, 8.35 Tues-Thu 1.45, 4, 6.15, 8.35 Mon 1.45, 4, 8.35 Tues-Thu 1.45, 4, 6.15, 8.35 Mission: Impossible - Ghost Protocol (12A): Fri 2.25, 5.15, 8.05 Sat-Sun 11.40am, 2.25, 5.15, 8.05 Mon-Thu 2.25, 5.15, 8.05 The Girl With The Dragon Tattoo (18): Fri-Thu 9 Sherlock Holmes: A Game Of Shadows (12A): Fri 2.45, 5.35, 8.15, 10.55 Sat 12noon, 2.45, 5.35, 8.15, 10.55 Sun 12noon (subtitles Sun), 2.45, 5.35, 8.15 Mon-Thu 2.45, 5.35, 8.15 Alvin And The Chipmunks: Chipwrecked (U): Sat-Sun 10.30am, Puss In Boots [3D] (U): Sat-Sun

8.50, 10.50 Sat 12.20, 2.25, 4.25,

THEGUIDE

PUZZLES

Sudoku



Supplied by www.FranticPuzzles.com



5	7	6	2	1	8	4	3	9
2	9	8	6	4	3	1	5	7
1	4	3	9	7	5	6	2	8
9	2	1	8	6	4	5	7	3
6	8	5	3	2	7	9	1	4
4	3	7	5	9	1	2	8	6
7	5	2	4	3	6	8	9	1
3	6	9	1	8	2	7	4	5
8	1	4	7	5	9	3	6	2
Last week's solution								

Don't miss your Cambridge News every Wednesday for a fantastic four-page pullout packed with puzzles and quizzes

Crossword

Cryptic clues

- 1. On the gunners' trip back up the Italian river (4) 8. Actress had great trouble
- at the dress circle (5,5) 9. A tart you shouldn't undercook (8)
- 10. Principal structure (4) 12. Morning examination is
- unprincipled (6) 14. A bird can't get mixed up
- in Oxford University (6) 15. Leading boy has strange urges to find a Belgian city
- 17. Is sent out and becomes established (4,2)
- 18. As well as in hospital, some believe (4)
- 19. Ron means to become a Viking (8) 21. Revealing that the
- dunderhead is not serious
- 22. More than six balls? (4)

Down

- 2. Real Madrid's unsettled winger (3,7)
- 3. Make eyes at with love and a broken leg (4)

4. About to leap up and annul (6)

- 5. Old rogue has to travel around (6)
- 6. Water, in part, can kill weeds (8) 7. Many get awfully hot
- on a flier (4) 11. Generous provision of

a new chair and another furniture item (10) 13. Reorganises rug and

- ropes mixed together (8) 16. Grains a boy gets on a shoe (6)
- 17. At one point practise for the race (6) 18. The boy plus a youth

leader (4) 20. Therefore the giant returns (4)

Quick clues

Across

- 1. Discover (4)
- Excessive (10) 9. Representative (8)
- 10. Quarrel (4)
- 12. Amuse (6)
- 14. Lease (6) 15. Dialect (6)
- 17. Boil (6) 18. Withered (4)
- 19. Likeness (8)
- 21. Happy (10)
- 22. Detest (4)

Down

- Fertilise (10)
- Ditch (4)
- Collision (6)
- Coming (6) 6. Make-believe (8)
- 7. Slave (4)
- 11. Outspoken (10) 13. Confidential (8)
- 16. Putrefying (6)
- 17. Lecture (6)
- 18. Sort (4) 20. Reed (4)

Last week's solution – Cryptic clues across: 7 Atoll; 8 Wearing; 9 Kindest; 10 Rigid; 12 In the slips; 15 Bridge hand; 18 Right; 19 Nomadic; 21 Anemone; 22 Lucre. Down: 1 Back number; 2 Sound; 3 Blue; 4 Switch; 5 Garrison; 6 Kingpin; 11 Disc jockey; 13 Negation; 14 Singlet; 16 Hinder; 17 Edict; 20 Mali.

Quick clues across: 7 Agony; 8 Embargo; 9 Entreat; 10 Trait; 12 Reflective; 15 Spectacles; 18 Yearn; 19 Various; 21 Matelot; 22 Caste. Down: 1 Namelessly; 2 Worth; 3 Lyre; 4 Mental; 5 Obstacle; 6 Erratic; 11 Trespasser; 13 Entangle; 14 Penalty; 16 Cavity; 17 Douse; 20 Race.

WEEKLY NEWS Great Value Travel Offers

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Opening in Spring 2012, this not-to-be-missed behind-the-scenes studio walking tour is one of the most exciting visitor attractions to have opened in years, and an absolute 'must-see, must-do' for Harry Potter fans everywhere! Don't miss this fantastic chance to be one of the first to experience the authentic sets, props, costumes and special effects of the most successful film series of all time.

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One of the most exciting visitor attractions to have opened in years!

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F your New Year resolutions to lose weight and take up exercise are proving hard to sustain, a few hours a week in the garden will not only give you a head start to spring but may help as part of a fitness programme too.

of a fitness programme too.
Raking leaves, digging, weeding and moving shrubs can all be done at this time of year and will help you tone up.

Raking and forking helps strengthen arms and shoulders and tones the abdominal muscles, while digging and bending (from the knees, keeping the back straight) to move or lift plants or pots can help tone thighs and buttocks.

"The thing to keep in mind is

"The thing to keep in mind is always to try to do things to your maximum range of movements," says Colin Holding, head coach of Wildfitness (www.wildfitness.com), a company which runs transformative fitness holidays. He says sitting down is the worst position for the human body, adversely affecting posture and the digestive system and that our natural sitting position is, in fact, a full squat.

Weeding beds and borders gives the legs, hips and buttocks a good workout if you squat while you weed. Heavier work such as clearing brush and stacking wood can give you the equivalent workout to a light aerobics class.

"Get down as low as you can so that your bottom is as close to your heels as it can be. From that position you can do gardening rather than getting down on your knees." he advises.

Digging for fitness



by Hannah Stephenson

"When you stand up you will be using your joints to their maximum range of movements."

From a squat position you can weed or plant and each time you move along a border you stand up and then squat again.

"With deep squats, you use the biggest muscles in your body – leg, thigh and hip muscles – and will aid lymphatic drainage, pumping out toxins as you completely rely on muscular movement for this."

He also recommends just 'hanging'. In-between other tasks, take time to find a high branch of a tree and just hang from it to take your body weight.

"It's great for posture and is

good for shoulder strength."

Balancing on one foot while gardening, whether you are trimming a hedge or sowing seeds in the greenhouse, also promotes strength and confidence and keeps the nervous system in good condition, he says.

Set yourself a 30-second time

Set yourself a 30-second time limit to start and, as you progress, increase that and maybe even close your eyes, which makes balancing harder, he suggests.

Gardening can help the cardiovascular system, reduces the risk of high blood pressure, heart disease, diabetes, obesity and other medical conditions as well as burning calories, according to US research.

Half an hour digging can use up 250 calories, weeding will burn 105 calories, raking 100 calories and mowing the lawn 195, so those garden chores you've been putting off may help you squeeze into those jeans which have been on the tight side since Christmas.

"Changing the type of garden tools you use can also influence the number of calories burned and will also have cardiovascular benefits," says award-winning garden designer David Domoney, who offers tips on how to get fit gardening on his website www.daviddomoney.com.

"For example, use a rake instead of a leaf blower, take extra long strides while raking or use short, quick motions, and keep the rake close to your body, switching sides every two to three minutes."

Go for a push mower if you want a more strenuous workout, rather than a power mower which will make the job easier.

Gardening will not only help you physically, but psychologically too. Working in the fresh air and being among trees and plants reduces stress and relieves muscle tension, studies have shown.

Remember your limitations, though. Many gardeners worry that too much lifting in the garden will damage their backs. Obviously, if you are attempting to move a really heavy object, ask for help.

"You need to keep an S-shaped spine position when lifting, sweeping or raking, changing sides regularly. Stand with your back against a wall, with your head, shoulder blades, heels and the base of your back (coccyx) also touching the wall. That will give you an idea of the S- spine position.

"Keep your shoulders back and look at the horizon, not downwards, when you squat, to hold the position," says Domoney.

Work at a steady, constant speed to keep heart rate up at a set level and don't do too much of one thing – three hours' digging is likely to result in a lot of aches and pains.



PUT YOUR BACK INTO IT: Digging and raking can help New Year fitness resolutions come true.

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6.10pm THE IRON LADY 12A Contains re

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SATURDAY

THEGUIDE I WEEKEND TV

BBC₁

- Breakfast
- 10.00 Saturday Kitchen Live.
- Nigel Slater's Simple Suppers. 11.30 BBC News; Regional News;
- Football Focus. Includes Arsenal v Manchester United. 12.15
- 1.00 Live Snooker: The Masters. The opening semi-final where the first player to win six frames will progress to the final. Coverage continues on BBC2. 4 30 Final Score
- 5.15 BBC News: Regional News:
- 5.35 Winter Wineout
- The Magicians.
- The National Lottery: Who Dares Wins. Includes the Lotto and Thunderball draws. 7.50
- Casualty. Linda's sister turns up in the ED accompanied by her teenage daughter and young son, on the run from 8.40 social services and desperate for a place to stay 9.30 Live at the Apollo.
- BBC News; Weather 10.00
- Match of the Day. Highlights of today's Premier League clashes, including Queens Park Rangers v Wigan Athletic and Norwich City v Chelsea; (C) 10.20 National Lottery Update
- The Football League Show. Highlights and all the goals from today's fixtures in the Championship, League One and League Two.
- 1.00 Weatherview

BBC2 CBeebies: Little Robots. 6.10

- Zigby. 6.25 Finley the Fire Engine. 6.35 Octonauts. 6.45 Everything's Rosie. 7.00 CBBC: Richard Hammond's Blast Lab. 7.30 Dennis and Gnasher. 7.40 The Scooby-Doo Show. 8.05 Pixelface. 8.35 Prank Patrol
 - vn Under. 9.00 Deadly 60. 9.30 Barney's Latin America. 10.00 Animals at Work. 10.30 Trapped Ever After. 11.00 Hacker Time. 11.25 OOglies. 11.40 MOTD Kickabout.
- FILM: Whale Rider (2002). Drama, starring Keisha Castle 12.00
- FILM: Fire Down Below (1957). 1.35 Romantic drama, starring Rita Hayworth and Robert Mitchum
- 3 30 Escape to the Country.
 Properties in Shropshire. 4.30 Live Snooker: The Masters. The
- opening semi-final. 5.30 Pappano's Essential Tosca. Pappano s Essentia 1036a. Antonio Pappano explores Puccini's Tosca, one of the most
- famous of all operas and one that helps to define the medium. Flog It! Charlie Ross and Elizabeth Talbot appraise collectibles at Ely Cathedral in Cambridgeshire while Paul Martin explores the building's
- Dad's Army
- Live Snooker: The Masters. The second semi-final. FILM: Doubt (2008). Premiere. Drama, with Meryl Streep and Philip Seymour Hoffman. 10.30
- 12 10 Snooker Extra

- CITV: Mini CITV. 7.25 CITV
- 9.25
- FILM: Richie Rich (1994). 9.35 Family comedy.
 This Morning: Saturday.
- 12.25 Murder. She Wrote. 1.30 Murder, She Wrote.
- ITV News and Weather: 2.30 2 45 Animals Do the Funniest Things. Featuring a feline
- FILM: Jurassic Park III (2001). 3 45 Action adventure sequel, starring Sam Neill, William H Macy and Tea Leoni.
- **Anglia News and Weather** 5 45 ITV News and Weather
- Harry Hill's TV Burp. 6.30
- Take Me Out.
- The Talent Show Story. Ant and Dec, as well as The X Factor's Dec, as well as The X Factor's Dermot O'Leary, discuss the changing nature of the talentshow host, and the programme celebrates some of the genre's most unlikely stars, including singing acts Jedward, Wagner and the Cheeky Girls. Narrated by Victoria Mand hy Victoria Wood
- The Jonathan Ross Show Harry Potter star Daniel 9.15 Radcliffe talks to the host pictured, about his transition to new roles with his latest film The Woman in Black
- 10.30 Celebrity Juice.
- FILM: Inside I'm Dancing (2004). Drama, starring James McAvoy and Steven Robertson.
- 1.05 The Zone: ITV News Headlines

CHANNEL 4

- Sali Mali.
- 6.10 The Hoobs. Also 6.35
- Freesports on 4. GT Academy.
- 7.25 The Morning Line
- T4: Everyone's Talking About Top 10. 9.25 Live and Lost: 8.55 Chipmunk. 9.55 The Big Ba Theory. 10.25 Desperate Scousewives. 11.25 The Simpsons. 11.55 New Girl. . 9.55 The Big Bang
- 12.25 Playing It Straight. 1.25 The Big Bang Theory. Channel 4 Racing. Live 1.55 coverage from Ascot and Haydock Park.
- Channel 4 Presents Will 4.20 Bayley 2012.
- Come Dine with Me. 4.25 5.30 Channel 4 News.
- FILM: Fame (2009). Premiere. 6.05
- Aspiring performers negotiate four years at the demanding Arts. Musical remake, with Kay Panabaker. The Million Pound Drop Live
- FILM: Transporter 2 (2005). A retired former special forces agent has the job of chauffeuring the son of a controversial Miami politician. When Russian criminals kidnap the voungster the driver sets out to find the boy and his abductors. Action thriller starring Jason Statham
- FILM: The Abyss (1989). Sci-fi 2.05
- The Island

CHANNEL 5

- Milkshake!: Peppa Pig. 6.05 Roary the Racing Car. 6.15 Fifi and the Flowertots. 6.25 Fireman Sam. 6.40 Harry and His Bucket Full of Dinosaurs. HIS BUCKET FULL OF DIFFIGURE AND ASSETS IN A THE ASSET IN A THE AS Adventures of Bottle Ton Bill and Adventures of Bottle Top Bill and His Best Friend Corky. 8.30 Angelina Ballerina. 8.45 Rupert Bear. 9.00 Ben and Holly's Little Kingdom. 9.15 The Mr Men Show. 9.30 Roary the Racing Car. 9.40 Mist: Sheepdog Tales. 10.00 Asimple Decays 5.20 10.00 Animal Rescue Squad.
- 10.20 It's All About Amy. 11.20 Celebrity Big Brother: The
- Celebrity Big Brother: The 12.20
- Eviction FILM: Along Came Polly (2004). Romantic comedy, starring Ben Stiller and Jennifer Aniston. 12.50
- FILM: 55 Days at Peking (1963).
- 5.30 FILM: Joe Kidd (1972).
 - NCIS
- 7.15 Celebrity Big Brother.
- 9.15 FILM: Made of Honor (2008).
- Comedy, with Patrick Dempsey. Celebrity Wedding Planner. A
- 11.10 counte hand over control of couple nand over control of their wedding to former Apprentice contestants Raef Bjayou and Stuart Baggs.
- 1210 SuperCasino



Channel 5. Saturday, 8.15pm, Sunday, 10pm.



6.00

Birdsong BBC1, Sunday, 9pm

The Jonathan Ross Show

Fame Channel 4, Saturday, 6.05pm

Celebrity Big Brother

SUNDAY

BBC₁

- Match of the Day. The Andrew Marr Show
- 7.30 9.00 The Big Questions
- Country Tracks. (C) Weather for 11.00 the Week Ahead
- 12.00 Sunday Politics
- EastEnders. Omnibus. 1.00
- The Royal Bodyguard. David Walliams guest stars. Escape to the Country. Sonns of Praise. With music by opera star Noah Stewart.
- 5.00 Olympic Dreams. Gail Emms profiles the Great Britain wheelchair basketball squad and Beijing gymnastics bronze
 medalist Louis Smith discovers
 whether he has been selected
- Antiques Roadshow BBC News; Regional News;
- 7 00 Countryfile
- Call the Midwife. Jenny sets out to help a heavily pregnant teenage girl who escaped an abusive life in Ireland and made her way to London, only to be taken in by a cafe owne who forced her into prostituti 9.00 Birdsong. First of a two-part drama based on the novel
- about two lovers brought together and torn apart by the First World War. BBC News; Regional News:
- Match of the Day 2. Room 101 - Extra Storage

BBC2

- CBeebies: Little Robots. 6.10 Zigby. 6.25 Finley the Fire Engine, 6.35 Octonauts, 6.45 Engine. 6.35 Octonauts. 6.45 Everything's Rosie. 7.00 CBBC: Richard Hammond's Blast Lab. 7.30 Dennis and Gnasher. 7.40 The Scooby-Doo Show.(C) The Owl. 8.05 Paradise Cafe. 8.30
- OWI. 8.05 Paradise Cate. 8.30 Wingin' It. (C) Diddy Dick & Dom. 9.00 Friday Download. 10.00 Something for the Weekend. With Chris Isaak. FILM: The High and the Mighty 11.30
- (1954). Disaster thriller, starring John Wayne.
 Live Snooker: The Masters. The 1.50 opening session of the final.
- Ski Sunday. Including the men's World Cup downhill race from Kitzbuhel, Austria. 4.45 5.30 Porridge. The first-ever episode
- of the comedy.
 The Last Explorers. New series. 6.00 Neil Oliver examines the feats of four Scottish adventurers who helped to shape the modern world with their discoveries and ideas, beginning with David
- Livingstone. The Many Faces of Les 7.00 Dawson. Profile.
- Live Snooker: The Masters. The concluding session of the final. 8.00 11.00 Frank Skinner's Oninionated
 - Alun Cochrane and Sarah Fast and Loose FILM: Jacknife (1989). Drama.

- CITY: Mini CITY 7 25 CITY 6.00 CITY: Mini CITY. 7.25 CITY.
 Animated fun, including at 7.25
 Monk, 7.30 Spiderman, 7.50
 Fleabag Monkey Face, 8.05
 Horrid Henry, 8.30 Big Time
 Rush and 9.00 My Phone
- Ade in Britain, From 9.30
- Dinner Date.
- drama, starring Peter Falk. Anne Baxter and Mel Ferrer
- iudges and viewers and
- potential lifeline for the family
- Dancing on Ice: The Skate Off. That Sunday Night Show. 10.00
- 1.45am The Zone. ITV News Headlines.

- Gloucestershire
- ITV News and Weather.

- survive another week on the
- starring Colin Farrell.

- 7 00

- Murder, She Wrote.
- Vera. DCI Vera Stanhope sets out to solve the murder of a teenage girl 11 years earlier.
- Dancing on Ice. The 13 remaining contestants perform on the same show for the first time, skating to songs from films in a bid to wow the judges and viceus and
- 10.30 ITV News and Weather FILM: Alexander (2004)

- 12.40
- 5 40 Annlia News and Weather ITV News and Weather.
- Wild at Heart. Danny finds a

- Dickinson's Real Deal. From 11.30
 - FILM: Columbo: Requiem for a Falling Star (1973). Crime
- 0.30
- Oliver Stone's historical epic

CHANNEL 4 6.10 The Hooks Also 6 35

8.00

- Freesports on 4. Channel 4 Presents – Oscar Pistorius 'Blade Runner'. 7.30 T4: That Paralympic Show. 8.00 One Tree Hill. 8.50 Hollyoaks. 11.20 The Big Bang Theory. 11.55 Shipwrecked: The Island. 12.55 The
- Simpsons. Homer plays Santa. 1.35 The Simpsons. Bart is hailed a child genius
- 2 05 FILM: Ladyhawke (1985) Nedieval fantasy 4.25 Deal or No Deal.
- Channel 4 News 5.55 4thought.tv. 6.00 Time Team. Hugh's Three Hungry Boys.
- The Hotel. Manager Mark hopes his pool party idea will provide a memorable experience for guests, while Christian threatens to leave. FILM: 127 Hours (2010). Premiere. A mountain cli gets stuck in an isolated canvon when a boulder crushes his arm. Remaining trapped for five days, he slowly comes to realise no one is going to save him, and that survival will depend on a

particularly drastic course of action. Danny Boyle's fact-based drama, with James

10.50 Chris Moyles' Quiz Night Ben Elton: Laughing at the 80s. Coming Up: Geronimo.

CHANNEL 5

- Milkshake!: Peppa Pig. 6.05 Roary the Racing Car. 6.15 Fifi 6.00 and the Flowertots 6 25 Fireman Sam 6 40 Harry and
- His Bucket Full of Dinosaurs. 6.50 Castle Farm. 6.55 Igam Ogam. 7.05 Roobarb and Custard Ton 7 15 The Milkshake! Show. 7.35 Make Way for Noddy. 7.45 Bert and Ernie's Great Adventures. 7.55 Little Princess. 8.05 Olivia.
- Top Bill and His Best Friend Corky. 8.30 Angelina Ballerina. 8.45 Rupert Bear. 9.00 Ben and Holly's Little Kingdom. 9.15 The

8.20 The Adventures of Bottle

- Holly S Little Kingdom. 9.13 In Mr Men Show. 9.30 Roary the Racing Car. 9.40 Mist: Sheepdog Tales. 10.00 Zoo Days. 10.05 Meerkat Manor. 10.35 Grey's Anatomy.
- Celebrity Big Brother. 12 30 Renidorm FR FILM: Police Academy 3: Back 1.30
- in Training (1986). 3.05 FILM: Little Man (2006). 4.55 FILM: Ace Ventura: When Nature Calls (1995). 6.40 FILM: Spider-Man (2002). Comic-book adventure, starring
- Tobey Maguire. 9.05 World's Greatest Heroes. Realfe stories of heroism
- 9 55 5 News
- Celebrity Big Brother. 10.00 11 00 FII M: Single White Female (1992). Psychological thriller, starring Bridget Fonda and
- Jennifer Jason Leigh. 1.10 SuperCasino

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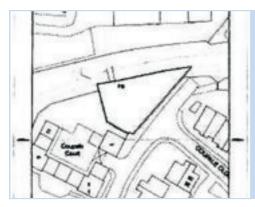
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- Double glazed
- · Good size kitchen/diner
 - · Refitted bathroom
 - Conservatory
 - Off road parking

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£271,000









Detached family home, g/f cloakroom, kitchen/dinin four bedrooms, en-suite to principle bedroom, familbathroom, g/f c/h, garage, carport, generous driveway, delightful mature front & rear gardens



Turpins Ride development, extended detached ungalow, lounge, dining room, kitchen/breakfa room, UPVC conservatory, two/three bedrooms, re-fitted en-suite, family bathroom, UPVC double glazing, g/f c/h, delightful gardens, detached double garage



autifully presented & restored cottage dating from 1855 with planning permission to create a sizable three double beautoning family home, situated in a sought after Suffolk village, many original features, sitting/dining room, kitchen/breakfast room, bathroom, two bedrooms, un-overlooked rear garden



Well presented extended detached family home, g/f shower room, kitchen/breakfast room, utility area, study/fifth bedroom, four bedrooms, re-fitted bathroom, front & rear gardens, g/f c/h, garage & drive



ached property, situated on the Croft development gif cloakroom, three reception rooms, fitted kitchen with integrated appliances, four bedrooms, two ensuite shower rooms, family bathroom, delightful gardens, detached garage & driveway

> **Beaumont Court** Popular location,



Detached bungalow situated on the Turpins Ride development, three bedrooms, re-fitted kitchen, separate dining room, lounge, re-fitted shower room, gas fired central heating, front & rear gardens, detached single garage & driveway, viewing highly recommended



of town, countryside views to front, gf cloakroom, kitchen/diner, lounge, four bedrooms, en-suite, family bathroom, UPVC double glazed windows & door, detached single garage & driveway, front & rear gardens



delightful detached bungalow, lounge, L-

shaped kitchen/dining room, conservatory, two bedrooms, bathroom, attached garage with driveway & additional parking, delightful gardens



Located in the heart of a popular Essex village, detached chalet bungalow, re-fitted kitchen, lounge, separate dining room, two bedrooms, re-fitted bathroom, separates bower room/WC, garage & driveway, unoverlooked rear garden, viewing recommended



Essex village location, views to front overlooking green, charming detached cottage offering many original features, lounge, kitchen/diner, utility/lobby gf bathroom, three bedrooms, generous rear garden gf c/h, no onward chain, viewing highly recommende







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 Free Mortgage Advice Available
 Lettings
 Property Management



Chivers Road

Detached family home situated on the Castle Reach development, g/f cloakroom, lounge, dining room, fitted kitchen, three bedrooms, en-suite to principle bedroom, family bathroom, g/f c/h, UPVC double glazed windows & doors, delightful gardens, garage & driveway







Popular close to town location, semi detached family home, lounge/dining room, kitchen, UPVC conservatory, three bedrooms, re-fitted first floor bathroom, un-overlooked rear garden measuring approx 100ft



Well presented semi detached bungalow situated on the popular Hanchett Village development, lounge/dining room, kitchen, two bedrooms, bathroom, gif c/h, double glazing, front & rear gardens, an early inspection is recommended



Semi detached bungalow situated in the popular Suffolk village of Kedington, kitchen/diner, lounge, UPVC conservatory, two bedrooms, bathroom, front & rear gardens, garage, no onward chain, viewing highly recommended



Terraced family home situated close to town centre, lounge, kitchen/dining room, g/f bathroom, three bedrooms, g/f c/h, off road parking, larger than average garden, viewing highly recommended







Victorian style end of terrace family home situated close to town, lounge, kitchen, separate dining room, cellar, ground floor bathroom, three bedrooms, gf c/h, rear garden, allocated parking to rear



Semi detached family home occupying a generous corner plot, re-fitted g/f cloakroom, lounge, dining room, re-fitted kitchen/breakfast room with many integral appliances, three bedrooms, family bathroom, delightful front garden, driveway to front



Mid terrace Victorian style property, close to town location, lounge, dining room, kitchen, ground floor shower room, first floor landing/bedroom two, double master bedroom, shared courtyard garden, viewing recommended











Clements Close

Popular residential location, close to town, semi detached home with lounge, kitchen/diner, two bedrooms, bathroom, UPVC double glazed windows & doors, g/f c/h, driveway to front, front & rear gardens, viewing highly recommended







Spacious home with workshop

ON the market for £250,000, this property in Elm Court, Sturmer, would make an excellent home for a family.

Inside, the accommodation includes an entrance hall, cloakroom, living/dining room, conservatory, smart kitchen/breakfast room, utility room, first-floor master bedroom with en suite, three further bedrooms and a bathroom.

There is a large lawned garden to the rear of the house, while a driveway at the front leads to an extended double garage, providing secure, offstreet parking.

There is also a workshop

Call Bychoice on (01440) 768919 for more information.







Tel: 01440 706535 Mobile: 07765001647

Email: enquiries@stourpropertyservices.co.uk Web: www.stourpropertyservices.co.uk

12 month building defects

insurance to the value of £20,000

Bright advice on hand for mortgage seekers

ESTATE agent Morris Armitage has brought the successful Mortgage Clinic to Haverhill.

This format has been used by Bright Advice to help people find the right mortgage to suit their circumstances.

They offer a free 45-minute interview. after which they give a written assessment of how much potential homebuyers can borrow.

Bright Advice spokesman Dave Freeman says: "The days of walking into a lender and expecting them to lend you three or four times your salary are gone.

"All lenders use an affordability

calculation and these differ between lenders.

"We offer a service where homebuyers don't have to visit many different lenders, which will in turn affect their credit score and ultimately mean they get a lower mortgage.

"We will take their information and. with our knowledge

and expertise, find them a mortgage which is both achievable and

affordable. The first mortgage clinics will be held at Morris Armitage offices on Thursday, January 26 and Saturday January 28.

Appointments are essential - book by calling (01440)



CLINIC: Morris Armitage's Haverhill offices

ESTATE • AGENTS

- www.bychoice.co.uk -







£399,995

A BEAUTIFULLY PRESENTED HOME WITH VIEWS TO FRONT & REAR. THE PROPERTY BOASTS SIX BEDROOM, A SPACIOUS KITCHEN WITH OPEN PLAN DINING AREA, UTILITY AND CLOAKROOMS, STUDY, MASTER BEDROOM WITH ENSUITE, TWO GARAGES AND LARGE BLOCK PAYED DRIVEWAY.

Haverhiii 01440 768919







OIEO £399,950

BEAUTIFULLY PRESENTED DETACHED FAMILY HOME IN A SOUGHT AFTER VILLAGE LOCATION. FOUR BEDROOMS, EN-SUITE, CONSERVATORY AND GARAGE.

Clare 01787 278890









Guide Price £400,000

THIS DETACHED FOUR BEDROOM HOUSE COMPRISES OF FOUR RECEPTION ROOMS, KITCHEN/BREAKFAST ROOM FITTED TO A HIGH STANDARD, TWO BATHROOMS, UTILITY AND CELLAR. OFF STREET PARKING TO THE SIDE FOR 2 CARS AND AT THE REAR IS A GOOD SIZE GARDEN WITH LARGE RESTORED BARN.

Clare 01787 278890



OIEO £220,000

THIS BEAUTIFULLY PRESENTED TOWNHOUSE BENEFITS FROM GOOD SIZE MODERN FITTED KITCHEN/BREAKFAST ROOM, LOUNGE AND SEPERATE DINING ROOM, 3 BEDROOMS & ENSUITE BATHROOM TO MASTER.

Haverhiii 01440 768919











DETACHED FOUR BEDROOM PROPERTY WITH THREE RECEPTION ROOMS, EN-SUITE, GARAGE AND ADJACENT DETACHED OUTBUILDING.

Clare 01787 278890

A SPACIOUS EXECUTIVE HOME LOCATED IN AN EXCLUSIVE AREA, BENEFITTING FROM ALL ROOMS BEING DOUBLE BEDROOMS, INDIVIDUALLY BUILT WITH SPACE IN MIND AND COMPRISES OF LOUNGE, SEPERATE DINING ROOM, KITCHENWBREAKFAST ROOM, ULTILITY, ENSUITE TO MASTER BEDROOM AND SECOND BEDROOM THIS PROPERTY ALSO HAS ONE OF ITS BEDROOMS ON THE GROUND FLOOR THAT COULD BE USED AS POTENTIAL ANNEX WITH WET ROOM SUITABLE FOR WHEEL CHAIR USE.

Haverhiii 01440 768919







ESTATE • AGENTS

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OIEO £260,000







Haverhill £186,000 PRESENTED IN GOOD ORDER AND WITH THE ADVANTAGE OF A LARGE CONSERVATORY, THIS PROPERTY BENEFITS FROM 3 BEDROOMS, LOUNGE, SEPARATE DINING ROOM, KITCHEN, FOUR PIECE BATHROOM SUITE, DRIVEWAY & GARAGE

Haverhill 01440 768919







Clare 01787 278890







erhili 01440 768919



THIS GOOD SIZED FAMILY HOME COMPRISES OF LOUNGE WITH OPEN FIRE PLACE, CONSERVATORY, GOOD SIZE KITCHEN DINER, UTILITY ROOM, CLOAKROOM, FOUR BEDROOMS, MASTER WITH ENSUITE, EXTENDED DOUBLE GARAGE & WITH WORKSHOP AREA



Haverhill











Clare OIEO £180,000 A 3 BEDROOM SEMI DETACHED PROPERTY. THE PROPERTY BENEFITS FROM A NEW GAS CONDENSER BOILER AND LOFT INSULATION IN 2007, DOUBLE GLAZED WINDOWS, OFF ROAD PARKING AND GARDEN.

Clare 01787 278890





Haverhill



£154,995 THIS LINK TERRACE PROPERTY LOCATED ON THE HANCHETT DEVELOPMENT BENEFITS FROM LOUNGE & CONSERVATORY, FITTED KITCHEN, 3 BEDROOMS, MASTER WITH ENSUITE, GARDENS, GARAGE & PARKING.





Tilbury Juxta Clare

Extended 3 bedroom cottage with lounge and separate dining room, conservatory, first floor bathroom all situated on a plot measuring approximately 0.27Acres (STS).

Clare 01787 278890



Haverhill 01440 768919

Clare 01787 278890





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IDEAL FIRST PROPERTY OR IDEAL INVESTMENT, THIS MODERN TWO BEDROOM APARTMENT IS LOCATED IN CENTRAL TOWN AND PRESENTED IN HIGH DECORATIVE ORDER OFFERING LOUNGE/ DINER, MODERN FITTED KITCHEN, BATHROOM, AS WELL AS ALLOCATED PARKING

Haverhill 01440 768919







Haverhill

THIS EXTENDED FOUR BEDROOM PROPERTY BENEFITS FROM LOUNGE WITH SEPARATE DINING ROOM, LARGE CONSERVATORY, KITCHEN WITH UTILITY FIRST FLOOR BATHROOM, REAR GARDEN AND COMMUNAL PARKING.



OIEO £235,000 A WELL PRESENTED FAMILY HOME. THIS 3 BEDROOM LINKED DETACHED HOME COMES WITH A SPACIOUS LOUNGE AND SEPARATE DINING ROOM, FITTED KITCHEN & ENSUITE TO MASTER BEDROOM.









Haverhill GREAT SIZE FOUR BEDROOM FAMILY HOME SET IN CUL DE SAC AND COMPRISING OF EXTENDED LOUNGE, DINING ROOM, EXTENDED FITTED MODERN KITCHEN, DOWNSTAIRS SHOWER ROOM, FAMILY BATHROOM, GOOD SIZE REAR GARDEN, GARAGE & DRIVEWAY













THREE BEDROOM, TWO RECEPTION ROOM SEMI-DETACHED PROPERTY WITH 250 UN-OVERLOOKED REAR GARDEN IN THE SOUGHT-AFTER VILLAGE OF FOXEARTH

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Available in major stores near you monthly from 20th January







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£350 pcm

WELL PRESENTED STUDIO FLAT IN THE VILLAGE OF GLEMSFORD. IT BENEFITS FROM A MODERN KITCHEN, SHOWER ROOM, GARDEN AND ALLOCATED PARKING SPACE.

Haverhill 01440 768919



Great Cornard

Bychoice are delighted to offer To Let this modern 3 bedroom detached home, it benefits from a 19ft lounge, dining room, cloakroom, en suite shower room, off road parking and garage. Viewing is highly recommended.

Haverhill 01440768919

£825 pcm



£750 pcm

We are delighted to offer this 3 bedroom home built in 1911 and centrally located in the village of Cavendish. It benefits from sitting room, dining room, kitchen/breakfast room, cloakroom, first floor bathroom and gardens.

Haverhill 01440 768919



«AVAILABLE NOW - FULLY FURNISHED» BYCHOICE ARE DELIGHTED TO OFFER THIS TWO BEDROON SEMI DETACHED HOME WITHIN THE CENTRE OF THE HISTORIC VILLAGE OF LAVENHAM.

Haverhill 01440 768919



2 BEDROOM HOME IN THE POPULAR TOWN OF CLARE. IT BENEFITS FROM AN ENTRANCI HALL, LOUNGE, KITCHEN, FIRST FLOOI BATHROOM, REAR COURTYARD GARDEN

Haverhill 01440 768919



Toppesfield

BYCHOICE ARE DELIGHTED TO OFFER THIS BEAUTIFULLY PRESENTED DETACHED 4 BEDROOM GRADE II LISTED HOME IN THE EVER POPULAR VILLAGE OF TOPPESFIELD.

Haverhiii 01440 768919

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£450 pcm



Haverhill 01440 768919



Glemsford

2 BEDROOM END TERRACED HOME. IT BENEFITS FROM A LOUNGE, KITCHEN, FIRST FLOOR BATHROOM, FRONT & REAR GARDENS, PARKING AND A SINGLE GARAGE.

Haverhill 01440 768919



BRAND NEW 2 BEDROOM HOME IN THE HEART OF CLARE. IT BENEFITS FROM A CLOAKROOM, KITCHEN, LOUNGE, FIRST FLOOR BATHROOM, BEDROOMS WITH BUILT IN WARDROBES AND A LOW MAINTENANCE REAR GARDEN.

Haverhill 01440 768919

1% return with the bank Up to 6.5% return with property

The figures speak for themselves.

With the average interest rate offered by banks as little as 1.%* now's the time to make your hard earned money go further. With average yields across the UK at approximately 5%* the smart move is to invest in property. Bychoice know the best locations and property types so you could enjoy returms of up to 6.5%, now is time to add too or start your property portfolio.



- * Orchard Place, Sudbury * OIEO £100,000
- £500pcm
- * 6% return

Victorian terraced property, in a quiet location close to the town centre, water meadows and main line railway link to London, Liverpool Street.



Burton End, Haverhill Offers Over £112,500 £600pcm

- * 6.4% return

19th century property comprises of lounge and seperate dining room opening on to modern kitchen, first floor modern bathroom, two double bedrooms as well as rear garden



www.bychoice.co.uk

*Average saving account rate from * ARLA review and index Q2, 2011



ONE BEDROOM APARTMENT IN THIS SOUGHT AFTER CONVERSION. LOUNGE/DINING ROOM, KITCHEN, BATHROOM AND BEDROOM. SECURE STORAGE UNIT, PARKING AND BALCONY.

Cavendish

Long Melford

BYCHOICE ARE DELIGHTED TO OFFER THIS ATTRACTIVE SEMI DETACHED PERIOD COTTAGE IN A POPULAR VILLAGE LOCATION.

Haverhill 01440 768919



«AVAILABLE NOW - UNFURNISHED» BYCHOICE ARE DELIGHTED TO OFFER THIS GOOD SIZE 3 BEDROOM PROPERTY WITH A LOUNGE, KITCHEVIDINER, CLOAKROOM AND FAMILY BATHROOM.

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2 BEDROOM HOME WITH OFF ROAD PARKING. IT ALSO FROM AN ENTRANCE HALL, CLOAKROOM, KITCHEN, LOUNGE/DINER, DOUBLE BEDROOMS BATHROOM AND GARDENS.

Haverhill 01440 768919



Poslinaford 2 BEDROOM COTTAGE IN THE VILLAGE OF POSLINGFORD. IT BENEFITS FROM A LOUNGE, KITCHEN, GROUND FLOOR BATHROOM, FRONT AND REAR GARDENS.

Haverhill 01440 768919



£1,500 pcm

«AVAILABLE FEB - UNFURNISHED»
WE AT BYCHOICE ARE DELIGHTED TO OFFER THIS
SUBSTANTIAL DETACHED FAMILY HOME WITH
DETACHED ANNEX VIEWING IS HIGHLY RECOMMENDED.

Haverhill 01440 768919



Ovington

WE ARE DELIGHTED TO OFFER THIS 3 BEDROOM HOME IN A RURAL LOCATION. ATTRACTIVE GARDENS, KITCHEN, LOUNGE, DINING ROOM, BATHROOM, GARAGE AND OFF ROAD PARKING.

£795 pcm

Haverhill 01440 768919



A BEAUTIFUL BARN IN EXCELLENT CONDITION.
THE PROPERTY OFFERS A WEALTH OF
CHARACTER INCLUDING VAULTED SITTING AREA,
DINING ROOM AND STUDY/READING AREA.

Haverhill 01440 768919







01440 707076 cheffins.co.uk

Cheffins







Steeple Bumpstead £229,950 An exceptionally well presented three bedroom bungalow ideally situated in a popular residential cul-de-sac in the well regarded village of Steeple Bumpstead.

NEW PRICE

£384,950 Haverhill An outstanding detached residence occupying one of the finest positions on a desirable development in a generous plot, enlarged and improved throughout.





Haverhill An extremely well located four bedroom detached home, situated at the end of a popular cul de sac, offering fitted kitchen, two reception rooms, a private and generous south facing garden, and single garage and driveway.

Ridgewell £299,950

Located in the attractive village of Ridgewell is the substantially extended four bedroom detached family home. The property benefits from spacious living accommodation with two generous reception rooms, a conservatory and also enjoys a generous, private rear garden.







£249,950 Haverhill An impressive four bedroom detached family home nicely to edge of the well planned Hanchett Manor development. Nicely set overlooking an attractive green and maturing trees.



Haverhill £179,950 An exceptionally well located three bedroom detached property tucked away in a rarely available cul-de-sac on the well regarded Wilsey development. 74 sq.m. (796 sq.ft.) net.



£170,000 **Baythorne End** A charming two bedroom period cottage set in a non estate location with generous rear garden and offered for sale with no onward chain. 76 sq.m. (818 sq.ft.) net.

01440 707076 cheffins.co.uk

















Haverhill

£212,950

An immaculately presented four bedroom detached family home, located on the popular Arrendene development. The property is nicely situated, tucked away on a private drive serving only three houses, and benefits from two generous reception rooms, an attractive fitted kitchen, good sized rear garden, and attached garage and driveway

Kedington

A usefully extended and improved three bedroom semi-detached house presented beautifully and located in a desirable no estate location in the popular village of Kedington. The property benefits from an oversized garage and a private rear garden.







NEW PRICE





Haverhill

£127,950

An extremely well presented three bedroom property situated on the Cambridge side of town. The property benefits from spacious living accommodation, kitchen/dining room, cloakroom, front and rear gardens. Viewing is highly recommended.

Haverhill

A lovely Grade II Listed timber frame cottage, recently renovated and occupying a convenient central position, offering surprisingly spacious character accommodation with a wealth of exposed timbers and a fine inglenook fireplace. 97 sq.m. (1044 sq.ft.).











Haverhill - 11 Rutland Court.

We advise that an offer has been made for the above property in the sum of £89,000. Any persons wishing to increase on this offer should notify the agents of their best offer prior to exchange of contracts. Cheffins, 27a High Street, Haverhill, CB9 8AD. 01440 707076.

Haverhill

£167,000

An exceptionally well presented three bedroom property situated on the well regarded Meadowlands development. The property benefits from spacious living accommodation, a kitchen/dining room, en-suite facilities and allocated parking. 71 sq.m. (764 sq.ft.) net.

01440 707076 cheffins.co.uk

Cheffins



Castle Camps £750

A modern three bedroom property situated in the highly regarded village of Castle Camps. The property benefits from allocated parking for two vehicles, fitted kitchen, lounge/diner and loft room. Available end January 2012.



Haverhill

£725

A Modern three bedroom terraced house beneffiting from allocated parking, downstairs toilet, en suite to master bedroom and rear garden. Available Now.



Haverhill £725

A well located three bedroom property situated on the popular Gainsborough Park development. The property briefly benefits from kitchen/diner, sitting room, en-suite shower room, garage and driveway. Available



Haverhilll

£575

A modern two bedroom apartment located close to the town centre. The property benefits from two bedrooms, sitting room, kitchen, bathroom, secured entry and allocated parking space. Available Late February.



Haverhill

£525 A modern 1st floor

A modern 1st 100r apartment conveniently located on the High Street. The property comprises one bedroom, sitting room, fitted kitchen, bathroom, secured entry and allocated parking space. Available February. Regret no pets or benefits.



Haverhill £495

A modern studio apartment located close to the town centre. The property benefits from kitchen, shower room and open plan living/sleeping space. Available February. Regret no pets or benefits.



Haverhill £650

A larger than average modern house with a good size garden located in a traffic-free position on the Hanchett Village development. Two bedrooms, sitting/dining room, allocated parking. Available now.



Haverhill £695

An attractive modern house located on the popular Hanchett Village development. The property benefits from three bedrooms, sitting room, dining room, garage and driveway. Available Early February.



01440 712216 cxggroup.co.uk





Deceptively spacious extended 3 bedroom Victorian cottage in the sought after village location of Kedington. The property has a good size rear garden and off street parking, the property must be viewed.



£150,000 OIEO

A heautifully presented extended 3 Redroom A beautifully presented extended 3 Bedroor mid terrace house close to town centre with fantastic landscaped gardens, this property must be viewed to appreciate the quality of the works carried out.



Rogeron Close, Hundon £239,995

Recently renovated 3 bedroom link detached Hecently renovated 3 bedroom link detached bungalow in the sought after village location of Hundon, the property is situated in a quiet guilde age location.



Stockley Close

A modern 3 bedroom semi-detached property situated in a highly regarded cul-de-sac close to Haverhill Golf Club. The property features a double driveway, en-suite to the master bedroom and a large kitchen/ diner.



£149.995

2 Bedroom Semi Detached Victorian Cottage In The Heart Of Haverhill With Driveway & Converted Cellar. The Property Has Spacio Accommodation All With Original Features





5 Bedroom Detached house in the sort after village location of Sturmer just a short distance from the market town of Haverhill, The property offers light & spacious accommodation to suit any families needs with 2 Reception rooms, En



£199,995

Located in the sought after village of Hundon is this extended 4 bedroom semi-detached is this extended 4 begroom semi-detached house. The property sits on a good sized plot and has potential for further extensions. The



£209.995

Detached 3 Bedroom detached bungalow in betached s betachorn detailed bullgalow in a quiet cul-de-sac location. The property benefits from spacious accommodation and has no onward chain. There is some modernization needed on the Bungalow.



Eden Road

£117.500

Well presented Victorian terrace close to town centre ideal investment opportunity or first time purchase the property benefits from the following accommodation: Lounge, Kitchen, Dining Room, 2 Bedrooms, Bath





Strawberry Fields

£152,995

£385,000

3 Bedroom end of terrace property on the Strawberry Fields development, the property Strawberry Fields development, the property benefits from having spacious accommodation and also benefits from having a garage and off







Large Detached individually built residence with separate Annexe on the borders of the village of Withersfield, the property has great sized accommodation with 4 Reception rooms, 5 Bedrooms, 3 Bathrooms & 2 Kitchens, there is great sized gardens opening onto open fields.



Crowland Road £124,995 OIEO

CXG Property Services are delighted to offer this 2 bedroom Victorian end of terrace house located close to the town centre. The property benefits from spacious



Frvth Close

Deceptively spacious 2 bedroom detached bungalow on the sought after "Boyton Hall Development". The property is well presented with good sized garden to front and back.



Mortimer Place

3 Bedroom detached house in the sought after village location of Clare, the property backs onto open fields and has panoramic views over beautiful rolling hills.















WE GUARANTEE TO BEAT ALL OTHER LOCAL **ESTATE AND LETTING AGENTS FEES**



01440 712216 cxggroup.co.uk



Abbotts Road £159,950 OIEO SOLD STC

MORE SIMILAR PROPERTIES URGENTLY REQUIRED BUYERS WAITING.



Coine Valley Road

SOLD STC

MORE SIMILAR PROPERTIES URGENTLY REQUIRED FOR WAITING BUYERS



Gurlings Close

SOLD STC

MORE SIMILAR PROPERTIES URGENTLY REQUIRED FOR WAITING BUYERS



Banham Mews

£249,995 SOLD STO

MORE SIMILAR PROPERTIES URGENTLY REQUIRED BUYERS WAITING



Notley Drive

£249,995

SOLD STC

MORE SIMILAR PROPERTIES URGENTLY REQUIRED BUYERS WAITING



MORE SIMILAR PROPERTIES URGENTLY REQUIRED BUYERS WAITING



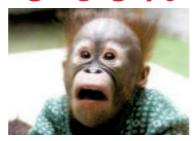
£149,995

Eastern Avenue

MORE SIMILAR PROPERTIES URGENTLY REQUIRED FOR WAITING BUYERS

YOU WILL BE SHOCKED AT WHAT **WE NOW HAVE TO OFFER:**

WE CAN SELL YOUR HOUSE FOR AS LITTLE AS:





Gurlings Close

SOLD STC

MORE SIMILAR PROPERTIES URGENTLY REQUIRED BUYERS WAITING



Mill Road

£115,000

SOLD STC

MORE SIMILAR PROPERTIES URGENTLY REQUIRED FOR WAITING BUYERS



£184.950

Bramble Close

MORE SIMILAR PROPERTIES URGENTLY REQUIRED FOR WAITING BUYERS



Hales Barn Road £179.995 OIEO

MORE SIMILAR PROPERTIES URGENTLY REQUIRED BUYERS WAITING



Seymour Drive

MORE SIMILAR PROPERTIES URGENTLY REQUIRED BUYERS WAITING



Helions Park Ave £159.995 OIEO

£134.995

MORE SIMILAR PROPERTIES URGENTLY REQUIRED FOR WAITING BUYERS















WE GUARANTEE TO BEAT ALL OTHER LOCAL **ESTATE AND LETTING AGENTS FEES**

Haverhill Tel: 01440 702575



pedroom house located in the popular village of Steeple Bumpstead.

O.I.E.O £115.000

O.I.E.O £170,000



ffered with no onward chain. A rare opportunity to purchase a two bedroom semi-detached bungalow.

O.I.E.O £142.500

West Wratting



edroom semi detached cottage located in a village

£170.000



cated in a popular cul-de-sac within the village of hree/four bedroom chalet style property.

£430,000



Detached 18th century property, beautifully resented, deceptively spacious, boasting many features. Viewing highly recommended.

O.I.E.O £380,000



Abbotts

Countrywide

Abbotts are part of Countrywide, with around 1,000 branches throughout the UK, accessing more potential buyers than anyone else





Located on the Cambridge side of town in a cul-de-

detached house with advantage of a conservatory.

sac this beautifully presented three bedroom s

With stunning views over fields is this three bedroo semi-detached property with benefit of a

O.I.E.O £170,000



aree bedroom detached house situated on the opular Cambridge side of town, cul-de-sac locatio with the added advantage of a conservator



Haverhill

our bedroom detached house with separate lounge dining room, kitchen, utility, family room and pathroom. Viewing is highly recommended.

O.I.E.O £310,000



Haverhill

No onward chain for this one off four bedroom etached self-built property located on the Cambridge side of town in a cul-de-sac location

O.I.E.O £295,000



Wickhambrook

limber framed period three bedroom cottage in the llage of Dunston. The property has a wealth of original features and needs to be seen internally.

£200,000



Steeple Bumpstead

cottage located in the popular village of Steeple

O.I.E.O £270,000



property located on the popular Roman Way

£240,000



ounge, dining room, kitchen, situated on a cor

O.I.E.O £190,000



edroom detached house with a conservatory

O.I.E.O. £190,000



Ridgewell

Housebuilder by way of their part exchange service

£199,995



Located in Hundon is this three bedroom detached property. Viewing highly recommended to appreciate the accommodation on offer.

O.I.E.O £200.000



Haverhill

fered for sale with no onward chain, located in a ul-de-sac is this four bedroom detached house

£220.000



Haverhill

xtended four bedroom detached house located or he popular Wilsey Development. Viewing is highly

£235.000



offered with no onward chain, this two/thre droom mid-terrace house boasts recently re-fitted tchen and conservatory

SOLD O.I.E.O £115.000



Hanchett Rise, Haverhill

our bedroom home, fitted kitchen with oven, hob xtractor, gas fired heating, white contemporary athroom suites, vinyl to wet areas, NHBC warranty

£185.000













KevinHenry





LINTON

£349,000

Detached, spacious, quality bungalow with lovely gardens

Constructed to a very high standard, this beautiful, three bedroom bungalow has been extremely well maintained and improved. Accommodation comprises large living room, formal dining room, fitted kitchen, 3 bedrooms, family bathroom and cloakroom. The property stands on a good sized plot with a detached garage, and terraced gardens and patio area enjoying a southerly aspect.



GREAT SAMPFORD

£435,000

A lovely 4 bedroom, grade ii listed, period property, with double garaging

This four bedroom, detached, Grade II listed property comprises living room with inglenook fireplace, kitchen / dining room, family room, two bathrooms and four bedrooms, with double garage and enclosed rear garden. The property has a wealth of period features including exposed beams and is a very comfortable home to live in.



HAVERHILL

£215,000

An immaculately presented, 4 bedroom, detached home set in generous gardens

Accommodation comprises entrance hall, cloakroom, living room, dining room, kitchen and utility room on the ground floor, and master bedroom, with en-suite shower room, three further bedrooms and a bathroom on the first floor.



LINTON

£134,995

A 2 bedroom, first floor maisonette with views over open countryside

This two bedroom, first floor maisonette is located in the popular village of Linton. Accommodation comprises ground floor entrance, with hall and stairs to first floor, living / dining room, fitted kitchen, two double bedrooms and bathroom, with a garage en bloc and lovely views over open countryside.



STEEPLE BUMPSTEAD £425,000

A generous and well presented, detached family home set in good sized gardens

Accommodation comprises entrance hall, cloakroom, study, living room, dining room, kitchen / breakfast room and utility room. On the first floor there is a master bedroom with ensuite shower room, three further bedrooms and family bathroom.



LINTON

£242,000

A 4 bedroom, semi-detached family home with garage and store/workshop

This property is set in generous gardens with accommodation comprising entrance hall, living room, dining room, rear lobby, cloakroom and kitchen, with four bedrooms (ensuite to master) and family bathroom on the first floor. The property has the benefit of good sized gardens, ample parking and garage / workshop.

PREVIEW PROPERTY SERVICES LETTING & MANAGEMENT



STONECROSS HOUSE KEDINGTON



2 bed first floor flat. lounge, kitchen, bathroom, seperate toilet, carpets, gas heating, communal garden & private parking no pets/children allowed

£525₀

NORTH AVENUE HAVERHILL



1 bed first floor flat, lounge/diner, kitchen bathroom with shower. carepts, gas heating, small rear garden & on road parking, no pets

£475pcm



ELMDON PLACE HAVERHILL



3 bed terrace, lounge, d/room, kitchen, bathroom, cloakroom, carepts, gas heaitng, garden & parking

CALLEY ROAD HUNDON



3 bed bungalow, lounge/diner, kitchen, shower room,cloakroom, carpets, storage heaters, garden with small workshop, garage & driveway

OLD POST OFFICE COTTAGE CAVENDISH



2 bed thatched cottage, lounge/diner with feature fireplace, kitchen, d/stairs bathroom, stone flooring, gas heating, garden & on road parking,

£575

SYBILS KEDINGTON



Recently renovated & re furbished 2 bed cottage in rural location, lounge fully fitted kitchen, shower room, carpets, stone flooring, oil heating, garden with cart shed &

(thebestofhaverhill)

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YOUR GUIDE TO **MOVING HOME**

Moving home can be a complicated business and, in the hectic run to the big day, it is all too easy to forget something vital. The Property News offers their readers this handy checklist that should help avoid major pitfalls. We suggest you tick off the items as you deal with them...

WITH FOUR WEEKS TO GO:

- Get estimates from removal companies, checking that comprehensive insurance cover is available against damage or loss. Is there a packing and unpacking service? Confirm the date of your move with the firm you have chosen.
- Check on your home contents insurance policies to ensure that you are covered for the move, and covered at your new address.
- Make arrangements for your gas and electricity meters (plus water meters where relevant) to be read and all your appliances to be disconnected on the day of your move.
- Arrange to take over gas and electricity at your new address, and make sure that all appliances will be properly fitted, plumbed or connected.
- Arrange for change of address cards to be printed.

WITH TWO WEEKS TO GO:

- Confirm all arrangements, times etc, for meter readings, disconnections and reconnections, with authorities and with your buyer and seller.
- Make sure you have a good stock of packing materials, including sturdy boxes and plenty of string and sticky tape.
- Begin to throw out unwanted items from attics, wardrobes. What you really don't want you may as well dump now, or send to charity. It's a great time for a good sort out!

WITH ONE WEEK TO GO:

- Send off change of address cards.
- Arrange and pay for automatic redirection of your mail by the Post Office.
- Cancel and pay up accounts for routine delivery services such as milk, groceries, fuel and your Cambridge Evening News. Re-organise these deliveries for your new address.
- Defrost refrigerators in preparation for move and, if you are moving a freezer and its contents, turn it up to maximum for a couple of days before you move.



WITH ONE DAY TO GO:

- Complete your packing except for those items you are likely to need overnight, and prepare a picnic for moving day.
- Have a large enough cash 'float' available to deal with unexpected expenses, and make sure you have collected documents and valuables together in a safe place.
- Cover carpets which are being left behind, so as to minimise damage during furniture removal.

ON MOVING DAY:

- Strip beds and pack bedding and nightclothes.
- Take up rugs, carpets, floor coverings, as required.
- Dismantle any light fittings etc., not included in the sale
- Turn off electric appliances
- Disconnect cooker
- Turn off boiler/central heating
- Turn off water.
- Read electricity meter

- Leave key as arranged with new owners.
- On arrival at your new home, unpack slowly and methodically so that you can check for loss or damage.

EXTRA HINTS FOR A SMOOTH MOVE.

WHO TO NOTIFY:

- Building Societies.
- Credit companies
- Insurance companies.
- Gas, Electricity and Water Boards.
- Telephone company.
- Local Authority (Rating Department).
- Driving Licence authorities.
- Inland Revenue
- Store cards and accounts.
 - Other lease, hire or rental companies
 - Employer.
- Doctor
- Dentist.
- Professional Bodies/Trade Unions
- Motoring organisations
- Newsagent.
- Friends and relatives.

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Volkswagen is moving on Up!

THREE-DOOR hatchback - the Volkswagen Up! has been named car of the year in the annual What magazine awards, writes Peter Woodman.

The Up! combined refinement, quality, space and economy

said What Car? editor-

in-chief Chas Hallett. He went on: "It sets new standards for the £10,000 price bracket. It feels at home in town and copes admirably on the motorway – it is the right car for the time."

Volkswagen picked up two further awards – with the Volkswagen Golf being named best small family



The Volkswagen Up!: 'What Car?' Car of the Year.

car for the fourth consecutive year and the Up! taking the safety award for its emergency braking system.

The awards, based on votes by What Car? readers, included the most exciting car for 2012 title which went to the Jaguar C-X16, which will be unveiled at the Geneva Motor Show in March and will be on sale by the end of the year with an expected price of £50,000.

Audi picked up three awards – with the A1 being named best supermini, the TT taking the coupe title and the TT Roadster the opentop award.

The Ford Mondeo was voted top family car and estate car, while the performance car of the year was the Porsche



One to watch: The Jaguar C-X16 is due this year.

911 Carrera S PDK.

The MPV award was won by the Seat Alhambra, with the Renault Mégane Renaultsport being voted best hot hatch.

The BMW X3 was the best SUV and the new BMW 3 Series took the

executive car crown. The Mercedes-Benz S-Class retained its luxury car title, Kia was presented with the ultra-low-carbon award, and MG won the security award.

Bentley Cambridge is now open

THERE was delight on the Milton Road last week as Bentley Cambridge opened the doors on its new showroom, which boasts a mezzanine floor (from which the photograph here was taken) along with a hospitality unit, plasma screen and commissioning table - and a full serice department and threeramp workshop.

The showroom house a maximum of 10 Bentleys and is run by general manager Steve Millward (pictured above).
"I am delighted to have

been appointed as the general manager of Bentley Cambridge and to be a part of the rich history of this English marque," says Steve. "It is exciting to be opening in line with the new generation of Bentley models, with the V8's



Launch night: Fiery thrills for Bentley Cambridge's openina.

"Bentley Cambridge will be the first Bentley dealership to have opened in the United Kingdom in 20 years and, as such, it has been extremely important to recruit the right team to help develop its presence both nationally

and in Cambridge.
"I am very proud of the

Bentley Cambridge staff members who have been chosen for their knowledge, experience, commitment to excellent customer care, and passion for the Bentley brand. Over the coming months I look forward to developing relationships with local businesses and to Bentley Cambridge becoming part of the social calendar in Cambridge. It is my intention that the dealership will be a relaxed environment, where customers feel welcome and at ease.'

A new Bentley starts at £125,000, and a preowned starts at £37,950.

The main website for the dealership is www.cambridge. bentleymotors.com and the telephone number is (01223) 423515

How to save fuel as you're driving

GREEN driving can cut carbon emissions and save you money, including some 15 per cent on fuel alone.

Whatever type of vehicle you drive, it's time to get into the green driving habit, so here's a few tips on saving fuel – and cutting CO2 emissions as you do:

- The main principle of advanced driving looking ahead to avoid having to stop so often is also the key to green driving. Keep your vehicle moving as long as you can, even in traffic queues.
- Driving at a constant speed is far more fuel efficient than accelerating and braking. It is also safer because stopping increases the risk of being hit from behind.
- It will take most cars at least a couple of miles to warm up and run efficiently. Could you walk, cycle or use public transport?
- If not, think about linking short trips together to avoid starting several journeys with a cold engine.
- Reverse into parking bays: If you do all the manoeuvring with a hot engine you can drive straight off when you come back. This warms the engine up quickly.
- Checking your vehicle regularly makes driving more efficient. In particular check the pressure of your tyres weekly, when they're cold. Wrongly inflated tyres have a big impact on fuel economy and they are also more vulnerable to damage. Check if your car has an eco-setting for its tyres.
- Put your car on a diet. Remove unnecessary weight, including roof racks, car clutter and heavy items in the boot. The heavier you are, the more fuel you'll burn. Removing clutter from the car also reduces the risk of something rolling forward and sticking under a pedal.
- Use air conditioning and climate control



Wrong: Most vehicles in this car park are incorrectly parked in terms of engine management. Reverse in when the engine is hot and you can move off easily when the engine is cold.

sparingly as they significantly increase fuel consumption. When frozen, scraping or spraying your windscreen before starting the engine will reduce the need to use these functions for as long.

- Around town open your windows to cool the car down, but at high speeds, keep your windows closed to maintain the aerodynamics of the car. Use air-con to get the car to a comfortable temperature, and then turn it off.
- Keeping the inside of the front and rear windscreens squeaky-clean will reduce the time you need to spend using the heating/air con to clear the screen. Traffic fumes form a film on the glass which attracts moisture and makes them mist up easily.
- Stick to the speed limit. This offers a good compromise between economy and getting somewhere.

To help drivers stay safe this winter, the IAM has a new website – www.drivingadvice.org.uk – with traffic updates, weather forecasts and tips on how to drive safely in winter.

Tips cover rain, snow, ice, fog and wind – everything you can expect in a typically unpredictable British winter. Check it out before you travel.



'Like a fine Italian suit': The all-new Kia Optima.

Kia's all-new Optima due on February 1

THE Kia Optima, the allnew flagship saloon that is the latest model to be launched in Kia's designled product offensive, goes on sale in the UK on February 1, bringing fantastic design, high levels of standard specification and low running costs to the D-segment, from £19.595.

The Optima's looks alone will to ensure it enjoys UK sales success previously unheard-of for a large Kia saloon. Kia's chief design officer, Peter Schreyer, likens the car's clean, stylish and uncomplicated cut to that of a fine Italian suit.

The Optima offers features never previously attainable on a Kia, including a high-end Infinity audio system. It delivers 550W of high-fidelity sound through 12 speakers in eight different locations throughout the car, including a boot-mounted subwoofer. Self-parking, heated and cool-ventilated seats, cornering lights, panoramic sunroof, reverse parking camera and an automatic cabin defogging system are also available, as is a six-speed automatic transmission that is among the most advanced availabler.

In the UK, the Kia Optima goes on sale with just one engine – a new 134bhp version of Kia's acclaimed 1.7-litre U2 turbodiesel – and a choice on the mid and top spec models of a six-speed manual or six-speed automatic transmissions.

All manual versions

feature Kia's EcoDynamics fuel-saving, CO2-reducing measures, including Intelligent Stop & Go and aerodynamic drag-reducing measures, while automatics have an Active ECO button which alters the operation of the engine's electronic control unit and the compressor on the climate control system, bringing potential fuel savings of around 9 per cent

cent.
The U2 diesel, engineered at Kia's European research and development centre in Germany, was first introduced on the Kia Sportage, but has been uprated for use in the Optima. It features highpressure common-rail fuel injection for maximum efficiency and a variable geometry turbocharger to

enhance low-speed driveability while ensuring strong top-end power for the high motorway speeds common in Europe. It develops its maximum power at 4,000rpm, but of greater significance is the peak torque of 325Nm (239lb ft) from 2,000-2,500rpm.

Acceleration from 0-60mph takes 10.2 seconds in manual versions and 11.5 seconds with automatic transmission, while the respective top speeds are 125mph and 122mph.

The manual can achieve 57.6 miles per gallon, with CO2 emissions of 128g/km, while the figures for the automatic are 47.1mpg and 158g/km.



2006 (56) TOYOTA YARIS 1.0 T3 3
DOOR, Metallic Blue, Air
Conditioning, Power Steering,
Electric Windows, Remote Central
Locking, ABS, CD Player, One Owner,
44,685 Miles . £4,495





SALE

2008 (58) PEUGEOT 307 1.6 CC ALURE CONVERTIBLE 2 DOOR, Metallic Black, Leather Upholstery, Climate Control, Power Steering, Electric Windows, Remote Central Locking, ABS, CD Player, Alloy Wheels, One Owner 34,564 Miles...
2008 (57) RENAULT MEGANE 1.5 DCI 106 DYNAMIQUE 5 DOOR DIESEL, Metallic Silver, Air Conditioning, Power Steering, Remote Central Locking, Electric Windows, ABS, CD Player, Alloy Wheels, One Owner, 34,596 Miles.
2007 (57) SAAB 93 1.9 TiD 130 AIRFLOW 5 DOOR ESTATE (New Model), Light Metallic Blue, Climate Control, Half Leather Upholstery, Power Steering, Electric Windows, Remote Central Locking, ABS, CD Player, Alloy Wheels, 80,570 Miles.
2007 (57) SAAB 93 1.9 TiD 120 LINEAR SE 4 DOOR (New Model), Metallic Black, Climate Control, Half Leather Upholstery, Power Steering, Electric Windows, Remote Central Locking, ABS, CD Player, Alloy Wheels, One Owner 75,563 Miles.
2007 (57) SAAB 93 1.9 TiD 120 VECTOR SPORT 4 DOOR, Metallic Black, Climate Control, Half Leather Upholstery, Power Steering, Electric Windows, Remote Central Locking, ABS, CD Player, Alloy Wheels, One Owner 54,957 Miles.
2008 (58) PEUGEOT 207 1.6 HDI PREMIUM SE 5 DOOR DIESSEL Black, Panoramic Roof, Climate Control, Power Steering, Electric Windows, Remote Central Locking, ABS, CD Player, Alloy Wheels, 61,402 Miles...
2007 (57) VAUXHALL ZAFIRA 1.9 CDTI 120 LIFE 5 DOOR DIESSEL SEATS, Metallic Silver, Air Conditioning, Power Steering, Electric Windows, Remote Central Locking, ABS, CD Player, One Owner, 60,615 Miles...
2008 (58) PEUGEOT 207 CP Jayer, Alloy Wheels, 88,798 Miles...
2008 (68) PEUGEOT 308 1.6 HDI 90 5 DOOR DIESSEL, Black, Air Conditioning, Power Steering, Electric Windows, Remote Central Locking, ABS, CD Player, Roor Bars, One Owner 67,869 Miles...
2007 (67) VAUXHALL VECTRA 1.9 CDTI 120 EXCLUSIV 5 DOOR DIESSEL ESTATE, Metallic Black, Cruise Control, Air Conditioning, Power Steering, Electric Windows, Remote Central Locking, ABS, CD Player, Roof Bars, One Owner 67,869 Miles...
2007 (07) VAUXHALL VECTRA 1.9 CDTI 120 EXCLUSIV 5 DO £6,995 £5,995 £5,995 £5,995 £5,995 £5.995 £5,995 £5.495 £5,495 £5,395 £4.995 £4,995 £4,495 Remote Central Locking, ABS, CD Player, Alloy Wheels, 53,721 Miles.

2006 (66) VAUXHALL VECTRA 1.8 EXCLUSIVE 5 DOOR, Metallic Black, Air Conditioning, Power Steering, Electric Windows, Remote Central Locking,
ABS, CD Player, 41,313 Miles.

2005 (55) RENAULT MEGANE 1.4 EXPRESSION 5 DOOR, Metallic Silver, Air Conditioning, Power Steering, Remote Central Locking, Electric £3.995 £3,495 Windows, ABS, CD Player, 51,130 Miles
2003 (03) PEUGEOT 307 1,6 RAPIER 5 DOOR, Metallic Blue, Air Conditioning, Power Steering, Electric Windows, Remote Central Locking, ABS, CD Player, Alloy Wheels, 66 652 Miles.
2005 (55) NISSAN PRIMERA 1.8 S 5 DOOR, Metallic Silver, Climate Control, Power Steering, Electric Windows, Remote Central Locking, ABS, 2005 (55) NISSAN PRIMERA 1.8 S 5 DOOR, Metallic Silver, Climate Control, Power Steering, Electric Windows, Remote Central Locking, ABS, £2.995 £2,995 2005 (55) NISSAN PRIMERA 1.8 S 5 DUDH, Metallic Silver, Climate Control, Power Steering, Electric Windows, Remote Central Locking, AbS, CD Player, 58,548 Miles.
2005 (54) FORD FOCUS 2.0 TDCi GHIA 5 DOOR ESTATE DIESEL, Metallic Red, Air Conditioning, Power Steering, Electric Windows, Remote Central Locking, ABS, CD Player, Alloy Wheels, 142,570 Miles.
1999 (V) TOVOTA RAVA 2.0 HEAT 3 DOOR AUTOMATIC, Metallic Blue, Power Steering, Sunroof, Electric Windows, Remote Central Locking, ABS, CD Player, Alloy Wheels, 89,547 Miles.
2003 (03) VOLKSWAGEN 1,9 TDI S 5 DOOR ESTATE DIESEL, Red, Air Conditioning, Power Steering, Electric Windows, Remote Central Locking, ABS, CD Player, Alloy Wheels, Roof Bars 156,894 Miles.
2001 (Y) SEAT LEON 1.6 S 5 DOOR, Red, Air Conditioning, Power Steering, Electric Windows, Remote Central Locking, ABS, CD Player, 121,652 Miles. £2,695 £2,495 £1.995



2007 (57) SAAB 93 1.9 TID 150 AIRFLOW 5 DOOR ESTATE (New Model), Light Metallic Blue, Climate Control, Half Leather Upholstery, Power Steering, Electric Windows, Remote Central Locking, ABS, CD Player, Alloy Wheels, 80,570 Miles£5,995



2008 (58) PEUGEOT 307 1.6 CC ALURE CONVERTIBLE 2 DOOR, Metallic Black, Leather Upholstery, Climate Control, Power Steering, Electric Windows, Remote Central Locking, ABS, CD Player, Alloy Wheels, One Owner 34,564 Miles.......£6,995



2007 (07) PEUGEOT 407 2.0 HDI SE 4 DOOR DIESEL, Metallic Silver, Air Conditioning, Cruise Control, Power Steering, Electric Windows, Remote Central Locking, ABS, CD Player, Alloy Wheels, 59,023 Miles ... £4,995

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The official fuel consumption figures in MPG (V100km) for the Kia range are Urban 19.9 (14.2) - 52.3 (5.4) Extra urban 31.7 (8.9) - 68.9 (4.1), combined 26.2 (10.8) - 62.8 (4.5). Official CO2 emissions range from 117-258g/km.

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Official fuel consumption figures mpg(I/100km) for range shown: urban 20.5-36.2 (13.8-7.8); extra urban 37.7-60.1 (7.5-4.7); combined 28.8-48.7 (9.8-5.8). Official CO2 emission figures range from 235-98g/km.

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BMW

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Citroen

Fiat

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FORD KA May 2000. Red. 1300cc. MOT Dec 2012. 64k miles 3 owners. Good condition

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Ford Ka

1.3, Petrol, 2004, 57,000 miles, 6 months Tax and MOT, Only 2 owners, CD Player, Full Ford service history, Excellent condition

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Ford Mondeo

2.0L Zetec 2000, 5 door, Petrol, Black, 61,000 miles, AlC, Alloys, CD, E/W, MOT until May 2012, Tax until April, service history, one previous owner, excellent condition

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Ford Mondeo Estate 2.2 TDCi Ghia X

May 2005, Silver, Top Spec, 44.5k, MOT End May '12, Dealer Maintained 01223 691040 07763 957295

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12, Service history

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01767 679110

07973 840349

Peugeot 207

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2007, 3 door hatchback, 6,000 miles, Metallic Blue

Black leather interior,17" Alloys, A\C, Radio/CD, Cruise control, Directional

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Vauxhall

Vauxhall

Corsa Club

1229cc, 2007, Petrol, Automatic, 3 door hatchback, Blue, E/W, Alloys, CD/Radio, 33,000 miles, MOT Nov '12, Tax April '12, 2 owners, Excellent condition

£4.750 ono

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1.4 Club

2008 (58) 4,600 miles, ilver, Petrol, Automatic,

door, A\C, E/W, Service history, MOT Oct 12, Tax April 12

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VAUXHALL Corsa, 1.2 Energy, 5 door, 2004, 54 Plate, Met. Blue, Only 42,000 miles, F.V.S.H. P.A.S. C/locking,

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Volkswagen Golf

1600 S FS 15 door, manual, hatchback, petrol, 2007, metallic blue, 37,000 miles, ABS, AIC, immobiliser, P/S, EffM, traction control, Radio, CD, t/c/I, front e/w, adjustable steering column/wheel, multi a/bags, fully serviced Sept 2011, FSH, taxed March & MoT November 2012, excellent condition.

£6,300 ono

01638 507784

Honda

HONDA Jazz 1.4SE, Auto 5 door; 2004, 54 Plate, Met. Blue, 52.000 miles, FH.S.H.P.A.S. C/locking, E/windows, Airbags, Air con, Radio/C,D. Alloys, Colour Coded Bumpers & Mirrors, Immobiliser, Long M.O.T. & Tax Warranty. Excellent Warranty, Excellent Condition, £4495 01799 584327 07779 557267 www.rowleyscars.co.uk

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Honda Civic

3 Door Hatchback, Petrol, 2002, Dark Blue, 88,000 miles, MOT till Nov, S/Roof,

£2000 01799 540418



Honda Civic Type R GT

1998cc, i-btec, Petrol, 2008, Metallic silver, 12,500k, 3 door hatchback, Manual, ABS Climate, Cruise Control, Immobiliser, Sport seats, Radio/CD, Traction control, PAS, Remote C/L, Trip computer, Front fog lights, 6 speed gear box, MOT May 12 Tax April 12, vgc

£12,000 07590 696214

Honda Civic 1.6 V-Tec Executive

2002, Silver, 57,000 miles A\C, S/Roof, FSH, July MoT, January tax

£2,500 07973 117993

MINI One 1.6, 2004, 04
Plate, Silver, Only
38,000 miles, F.S.H.
P.A.S. C/locking,
E/windows, E/sunroof,
Airbags Alloys,
Podic/C D. Impelijior. E/windows, E/sunroot, Airbags Alloys, Radio/C.D, Immobiliser, New M.O.T, Warranty Excellent Condition, £4995 01799 584327 07779 557267 www.rowleyscars.co.uk T

Land Rover



Petrol, 1997, Green, 102,000 miles, 1.8, CD, New Mohair Hood, heated rear window, new cambelt jull service history, manual Excellent condition, Tax June, MOT March

£2.795 07941 602957



Mazda RX-8

Petrol, 2004, Red, 50,000 miles, MOT & Tax until March 2012, very good condition, red/black leathe

£4,000



Mercedes



Mercedes **SLK 200**

X reg'd, Silver, 34,908 miles, automatic, leather interior, electric hood, on previous owner

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Mercedes C 240 sport 4 door auto saloon

5 speed auto/manual, Navy blue, Excellent condition, Interior like new, 11 months MOT, 5 months Tax, Many manufacturers installed features, Moving abroad -must sell

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Land Rover 98 Freelander

1.8 petrol, dark green metallic, 104,500 miles, Tax until Sept, MOT tested until end of Nov, New A/T tyres, Good overall condition

£1.000 07860 788997



Mercedes C180 Avantaarde Kompressor

2005 (05) 99,000 miles Alloys, FSH, excellent

£4,000 ono 01638 730982



Mercedes-Benz 280E Avantgarde

2006, Black, 47,000 miles, Automatic, Excellent condition, FSH, Taxed until May 2012, MOT until June 2012

£8.500 07973 419929



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January 2004 (54), 40,000 miles only, Transenite blue, Black leather, 5 speed auto, Tax April 2012, MOT January 2013, Excellent condition

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Mini



MINI CLUBMAN

(Estate) 1.6L automatic, Petrol, 2008, 57 reg'd, 43,500 miles, Chilli pack, active TLC service pack, 6 stack CD player, half leathe sport seats, alloy wheels, runs flat tyres, one owner tax & MOT to Feb 2012

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Mini One 1.4

2009 09 Reg , Pepper white, 28,500 miles, Pepper pack with bluetootl & USB connector, Active TLC pack, Excellent condition, 6 month road tax, 1 female owner

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> > Nissan

Nissan Micra

1.2 SE

2003, Petrol, Blue, 3 Door, 84,000 Miles,

Service History, Recent Battery & Timing Chain, 12 Months MOT

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Peugeot SW 307

I 6 SE 5 door state, manual, Petrol, 2007, metallic gun-metal grey, AC, Climate, Cruise Control, Immobiliser, PS, ErS/Roof, EM, Parking Sensors, réri, Do With 5 dise Multichanger, Roof Rails, ABS, Head Restraints, Roof Rails, Upholstery Cloth, multi-a/bags, 10 mths MOT, 6 mths tax

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> £550 Tel. 07882 296646 (anytime) Buckden

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£2,300 07549 137852



Peugeot SW 307

1.6 SE 5 door setate, mnual Petrol, 2007, metallic gun metal grey, AlC, Climate, Cruise Control, Immobiliser, P/S, E/s/Roof, E/M, Parking Sensors, r/c/l, CD with 5 dis Multichanger, Roof Rails, ABS, Head Restraints, Roof Rails, Upholistery Cloth, multi a/bags, 10 mths M07, 6 mths tax

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Tovota

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£5,500 ono

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story, tax/mot till Sept. Good condition.



Renault Megane 2.0L Ide Cabrolet 16v (Petrol)

All Leather, Alc, Renault approved FSH from Sept 02, MOT until Nov 2012, Tax unti April 2012, Alloys, CD Interchange, Central locking, Alarm, Low mileage, Good condition throughout

£1,800 ono 07762 166699



Renault Scenic **1.6VVT**

2005 (05), 61,000 miles, Metallic black, One owner A\C, CD player, Folding

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Renault Sport Clio 182

2.0, 16V, Petrol, 2005, Black, 38,000 miles, FSH, Climate control, Automatic lights/wipers, Cruise control, Both cup packs, MOT Sept 12, Tax Nov 12, 1 owner from new

£5,250 07703 725764

Seat

SEAT IBIZA

3 doors, manual, petrol, 2007, Silver, 39,000 miles A\C, P/S, one lady owner FSH, Excellent Condition,

MOT Sept 2012, 16" alloys Front Electric Windows, Trip Computer, r/c/l, tinted Glass, Cloth interior

£4.250

07879 412712



Vauxhall Agila 1.2L

2001 (Y), 5 door Petrol Estate, 10 months MOT, Taxed, PAS, Central ocking, E/W, E/M, CD, Lov insurance and Tax, Very economical, Excellent condition

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Toyota



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Vauxhall Astra 2.2 SRi

Petrol, 2000, metallic black 87,000 miles, 12 months MoT, excellent condition for age, slightly lowered body, stainless steel exhaust, CD/ DVD player, clean interior, recently serviced, small tear on drivers seat, recent batter

£1,095 ono 07801 531776

£9,250

01707 282780 (d

01763 241333 (e



manual, Tornado red, 45,000 miles, FSH, CD/Radio, E/W, A\C, PAS Marm. Excellent condition 1 owner, 12 months MOT

£2,850



Vauxhall Insignia SRI 2.0L turbo diesel CDTi

Black metallic, 35,000 miles, 2009, Alloys, Bluetooth, Cruise control, FMSH, Full manactures warranty, Road tax etc to August 2012, One private owner from new, vgc throughout

Volkswagen Polo 1.4 CL

R reg, 5 door, metallic green, CD, P/S, service history, 9 months MOT, 6 months Tax,

> £675 SOLD



VW CORRADO VR6

M reg'd, 1995, 117,000 miles, FSH, maintained regardless of cost, recent ABS Pump, Cobra Alarm, heater Matrix, refurbished original alloys, untouched & completely original, great condition, tax & MOT, refuctant sale, lovely car

£3,450 ono 07807 187775



VW GOLF GT TDi 2.0L

5 door, 140 bhp, Diesel, 2006, Black, 100,000 miles, ABS, AlC, Alarm, Alloys, CD E/W, Immobiliser, P/S, one previous owner, 6 speed, FVWSH, tax, MoT, lovely example, 4 recent tyres

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VOLVO C70 **COUPE** CONVERTIBLE

2.4i SE Lux 2 dr Geartronic, Automatic. Petrol. 2006, grey Excellent Condition – 54,000 (one previous owner from new) FSH from Marshalls Cambridge from new, MOT 01.09.12 Tax 31.07.12

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Volkswagen Golf



07754 609000



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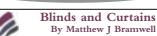
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Public Notices

FOREST HEATH DISTRICT COUNCIL AND ST EDMUNDSBURY Borough Council Local Development Framework (LDF) NOTICE OF CONSULTATION ON THE JOINT DEVELOPMENT MANAGEMENT POLICIES PREFERRED OPTIONS DEVELOPMENT PLAN DOCUMENT (DPD)

Regulation 25 of the Town and County Planning (Local Development) (England) Regulations 2004 (Amended)

Forest Heath District Council and St Edmundsbury Borough Council have prepared a joint Development Plan Document as part of their respective Local Development Plan Document is a list of policies against which, (amongst other material Document is a list of policies against which, (amongst other material used in the displant-day jointing decisions and other decisions dealing with physical and environmental changes in each authority area.

The Document can be viewed, along with the link on how to make representations, hosted on the Forest Heath's District Councils website at http://www.forest-heath.gov.uk/info/200074/planning

Copies are also available for inspection at the following locations during normal opening hours: Forest Heath District Council, College Heath Road, Mildenhall IP28 7EY

Mildenhall Library, Chestnut Close, Mildenhall, IP28 7NL Brandon Customer Information, Elbourne House, 31 High Street Brandon, IP27 0AQ

Brandon Library, Bury Road, Brandon, IP27 0EE Newmarket Customer Information, 63 The Guineas, Newmarket, CB8 8HT

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St Edmundsbury Borough

St Edmundsbury Borough Council, West Suffolk House, Western Way, Bury St Edmunds, IP33 3YU

Haverhill Council Offices, Lower Downs Slade, Haverhill, CB9 9EE

Bury St Edmunds Library, Sergeants Walk, St Andrews Street North, Bury St Edmunds, IP33 1TZ

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Representations are encouraged via electronic format but can also be made in writing and posted to: Marie Smith, Planning Department, Forest Heath District Council, District Offices, College Heath Road, Mildenhall, Suffolk, IP28 7EY.

Representations must be returned to the Council by 5.00μ on Thursday $8^{\rm th}$ March 2012. Further information is available by contacting a member of the Planning Policy Section at the Forest Heath District Council Offices or by telephoning 01638 719446.

Anyone who comments will automatically be informed in writing of the subsequent stages in the preparation of the LDF.

success

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WEEKLY NEWS

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Public Notices

Place Farm Community Primary School, Camps Road, Haverhill, Suffolk, CB9 8HF Head of School: Mrs Delyth Reed

Proposal to become a Foundation School

Proposal to become a Foundation School Notice is given in accordance with section 19(3) of the Education and Inspections Act 2006 that the Governing Body of Place Farm Community Primary School intends to make a prescribed alteration to Place Farm Primary School, Camps Road, Haverhill, Suffolk, CB9 8HF, currently a Community School. The proposed alteration is to change the category of the School to that of a Foundation School established otherwise than under the School Standards and Framework Act 1998 and to acquire a Minority of Partnership Governors from 1 April 2012.

Place Farm Community Primary School and Castle Manor Business and Enterprise College have together formed the Castle Partnership and are considering conversion to Academies. The Secretary of State has issued Academy Orders for both schools and preparatory work is continuing with a view to a final decision being taken once future funding arrangements are clearer.

In the meantime. Governors believe there is merit In the meantime, Governors believe there is merit in taking the step to acquire greater independence by becoming Foundation schools for the following reasons. The powers and duties acquired through Foundation status would be consistent with the ethos of the Partnership and there would also be opportunity to review governance arrangements and to continue discussions with other partner schools, should they seek with us to convert to Academy status as part of formal multi-academy arrangements.

The Governing Body considers that Foundation Status would help the School by:

- Giving us greater independence consistent with the ethos of the Partnership
- Allowing us to benefit fully from the additional freedoms which Foundation status implies including employment of our staff and ownership of the school buildings and land.
- The above will enhance our capacity, ensuring In a above will enhance our capacity, ensuring that we are better able to represent the interests of Place Farm and the wider Partnership in the decisions that we take so that we can continue to meet our fundamental aim improving standards in the School through the attainment and achievement of all our children.
- The steps involved would also reduce the work needed if the School later becomes an Academy
- Strengthening governance arrangements.

This Notice is an extract from the complete proposal, copies of which can be obtained from the school address set out at the beginning of this notice or from rabbott@castlepartnership.org.uk

Within four weeks from the date of publication of this proposal, any person may object to or make comments on the proposal by sending them to Rebecca Abbott, Clerk to the Governors, at the address rabbott@castlepartnership.org.uk.

www.jobsnow.co.uk

Alan Pearson, Chair of Governors Delyth Reed, Head of School

Castle Manor Business and Enterprise College, Eastern Avenue, Haverhill, Suffolk CD9 9JE Principal: Madeleine Vigar

Proposal to become a Foundation School

Notice is given in accordance with section 19(3) of the Education and Inspections Act 2006 that the Governing Body of Castle Manor Business and Enterprise College intends to make a prescribed alteration to Castle Manor Business and Enterprise College, Eastern Avenue, Haverhill, Suffolk, CB9 9JE, currently a Community School. очноїк, СВ9 9JE, currently a Community School. The proposed alteration is to change the category of the School to that of a Foundation School, established otherwise than under the School Standards and Framework Act 1998 and to acquire a Minority of Partnership Governors from 1 April 2012

Castle Manor Business and Enterprise College and Place Farm Community Primary School have together formed the Castle Partnership and are considering conversion to Academies. The Secretary of State has issued Academy Orders for both schools and preparatory work is continuing with a view to a final decision being taken once fiture funding arrangements are clearer. future funding arrangements are clearer.

In the meantime, Governors believe there is meriin taking the step to acquire greater independence by becoming Foundation schools for the following easons. The powers and duties acquired through Foundation status would be consistent with the ethos of the Partnership and there would also be opportunity to review governance arrangements and to continue discussions with other partner and to continue discussions with other partner schools, should they seek with us to convert to status as part of formal multi-acade

The Governing Body considers that Foundation Status would help the College by:

- Giving us greater independence consistent with the ethos of the Partnership
- Allowing us to benefit fully from the additional freedoms which Foundation status implies including employment of our staff and ownership of the school buildings and land.
- The above will enhance our capacity, ensuring that we are better able to represent the interests of Castle Manor and the wider Partnership in the decisions that we take so that we can continue to meet our fundamental aim improving standards in the School through the attainment and achievement of all our children.
- The steps involved would also reduce the work needed if the College later becomes an
- Strengthening governance arrangements

This Notice is an extract from the complete proposal, copies of which can be obtained from: Rebecca Abbott at the College address set out at the beginning of the rabbott@castlepartnership.org.uk. this

Within four weeks from the date of publication of this proposal, any person may object to or make comments on the proposal by sending them to Rebecca Abbott at the College address or by email to rabbott@castlepartnership.org.uk.

Alan Pearson, Chair of Governors Madeleine Vigar, Principal

Date: 19 January 2012

NSOLVENCY ACT 1986

IN RANKRIIPTCY CAMBRIDGE COUNTY COURT

Vo. 92 OF 2007 RE: DAVID EDWARD CRABB

D.O.B: 14 June 1943

I intend to pay within four months from 22 February 2012 (being the last day for proving) the first and fina dividend of 1 n/F

Creditors who have not veproved their debts must do so by 22 February 2012
otherwise they will be excluded from the dividend. The required proof of debt form is available on the Insolvency Service website Insolvency Service website (www.bis.gov.uk/insolvency, select "Forms" and then form 6.37). Alternatively, you can contact my office at 2nd Floor, Sunley House, Bedford Park, CROYDON, CR9 1TX telephone 020 8681 5166 to supply a form.

No. 203 OF 2008 RE: DAVID A WELSBY

D.O.B: 10 January 1972

I intend to pay within four months from 15 February 2012 (being the last day for proving) the first and final dividend of 0.78 p/£.

Creditors who have not yet proved their debts must do so by 15 February 2012 otherwise they will be excluded from the dividend. The required proof of debt forms in considerable the control of the contr form is available on the Insolvency Service website (www.bis.gov.uk/insolvency, select "Forms" and then form 6.37). Alternatively, you can contact my office at 2nd Floor, Sunley House, Bedford Park, CROYDON, CR9 1TX telephone 020 8667 8137 to supply a form

> Mrs L Thomas, Officia Receiver and trustee

Homesnow

Selected properties from local estate agents

PROPERTY

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SOHAM 3 bedroomed detached house. Rural location. £625pcm. Tel: 01353 727000.

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Storage unit at Burrough Green 2,400 sq ft.

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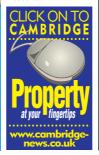
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to let in Chittering, 5 miles from Cambridge En-Suite, shared kitchen. £600 pcm

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MEMBER Of Night Staff required for residential home in Waterbeach. For more information please phone: 01223 860859 or 01223 863407 and ask



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General Vacancies

DATABASE ADMINISTRATOR **Stephen Perse Foundation**

22.5 hours per week Salary £16,000 to £18,000 pro rata

You will be primarily responsible for accurate data entry into our SIMS database. You will be responsible for the retrieval and presentation of data and provide database training. You will be required to support the Foundation's other online systems as necessary

Please download further information and an application form from our website

CVs are not accepted.

post, including checks with past employers and the Criminal Records

stephen perse foundation

The Stephen Perse Foundation is committed to safeguarding and promoting the welfare of children and applicants must be willing to undergo child protection screening appropriate to the post, including checks with past

Deputy Bursar The Stephen Perse Foundation Union Road Cambridge CB2 1HF

t: (01223) 454701

e: recruitment@stephenperse.com

w: www.stephenperse.com

Closing date: Thursday 26 January 2012

Interview: Week commencing 30 January 2012

The School is a

The Stephen Perse Foundation comprises four independent day schools: The Stephen Perse Pre-Prep (3-7), Perse Girls Junior School (ages 7-11) Perse Girls Senior School (ages 11-16) and The Stephen Perse Sixth Form College (ages 16-19). We are single-sex girls' school between 7-16, with a co-educational Pre-Prep and Sixth Form.

Laboratory Stores Person c. £17,500 p.a. for 37 hours per week



The Babraham Institute is a charity which is world renowned for its research in life sciences to enhance lives and improve wellbeina.

The postholder will be required to join a small team within a busy laboratory stores. Duties will include serving at the Stores counter; receiving, checking and recording deliveries and booking deliveries on computer software. Applicants will have a minimum of 3 GCSEs (or equivalent qualification) including English and Maths and good computing skills as well as experience of working in an office environment. A fork lift truck licence would also be advantageous.

Further information about the Institute can be found on our website. Application forms and further details available electronically from our website (www.babraham.ac.uk), or by contacting our 24-hour Recruitment Line on 01223 496365, or e-mail: babraham.personnel@babraham.ac.uk.

On applying please quote reference MN/LSP/P. Closing date for completed applications is 1st February 2012. **NO AGENCIES PLEASE**

The Babraham Institute is a user of the disability symbol and is positive about disabled people.

The Babraham Institute receives strategic funding from the Biotechnology and Biological Sciences Research Council and is an Equal Opportunitie

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WEEKLY NEWS

General Vacancies

Real Career Opportunities Prison Custody Officers

Salary dependent upon area (Pay review pending December 2011) Training £7.27 to £8.91 per hour

Probationary period £8.70 to £9.89

Qualified £9.30 to £10.50 per hour

Alconbury

Today our Prison Custody Officers will have worked with murderers, thieves, young offenders, and innocent people not to mention police officers, barristers, judges and some traffic jams!

Serco Wincanton is the leading provider of prison escort and court services in London and the East of England and is responsible for the secure transport of offenders from police stations and prisons to court and then managing them within the court environment.

We are currently looking to recruit suitable individuals on a PART TIME basis.

The work of Prison Custody Officer is no ordinary job, each day you will work with a changing group of people – some very demanding, others not so but all needing to be treated in the same fair and objective manner.

Successful Prison Custody Officers are,

- Non judgemental
- · Good and effective communicators
- · Able to deal with conflict with confidence
- · Committed to treating everyone with dignity and respect
- · Able to maintain a safe and secure environment for everyone

In order to ensure our service is efficient as possible we need to have staff to cover peak activity times and therefore will consider applicants with the right qualities who want to work less than the normal 40 per week. This could include weekend and Bank Holiday working.

There is a 6 week training programme so no previous experience is needed but full time attendance on this course is essential.

Appointment is subject to achieving the required standard in vetting and

To apply, please call 07721 302668 or email pecs.recruitment@serco.com with your name and contact number and someone from the recruitment team will get back to you as soon as possible.

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Cambridge Newspapers Ltd is the area's leading regional newspaper publisher and part of lliffe News & Media East. Our titles include the award-winning Cambridge News and a wide range of weekly ers, regional magazines and websites across Cambridges

www.cambridge-news.co.uk

Media Sales Advisor

These positions would best suit someone with previous sales experience, although applications from outgoing, confident individuals who are well organised, professional and keen to develop their sales skills would be welcome

Full and ongoing training will be provided, but you will need to be focused on delivering high standards of customer service and representing our business with people at all levels.

We pride ourselves on recruiting and developing the best people and offer a competitive salary plus generous bonus structure. We offer on the job support and training and a career development programme within one of the country's leading media businesses.

For an application pack: Please contact Kate Hilton via email: kate.hilton@cambridge-news.co.uk specifying which vacancy/area you are applying for.

Benefits: • Competitive salary • Following a probationary period there is an option to join a contributory pension scheme and subsidised health cash plan • Childcare voucher scheme • 5 weeks annual holiday

It is the company policy to welcome applications from any individual regardless of ethnic origin, gender, disability, religious belief, sexual orientation or age. All applications will be considered on merit.

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This position is for ~22h per week spread over 4 days including alternate weekends. You must possess excellent communication skills and a good level of computer literacy. The ideal candidate will be well presented, flexible, conscientious and hard working.

Starting rate of pay £7.75 per hour Closing Date is Friday 20th January 2012 Experience preferred but full training will be

Please email your CV to: daniel@clampoptometrists.com for an application form.

Further details can be found at vww.clampoptometrists.com/about/jobs/

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WEEKLY NEWS Classifieds

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Local support for people with learning disabilities

Cambridgeshire Mencap is a local charity and our mission is to empower and support people of all ages with a learning disability, and their families and carers, from across Cambridgeshire. We offer a range of support services that help people with a learning disability live life to the full and be equal and active members of the community.

We are developing a new service that will open mid April, to support people who have autism/complex needs.

Assistant Service Manager Full-time 35 hours per week (Monday-Friday)

Salary £22,000 per annum (pay review pending)
We are looking for a person who has a proven track record in delivering services and creating an environment where the needs of people who have autism/complex needs can be met. You will need to have a clear vision for how the service is to be structured and the skills to lead a staff team to deliver the service which values individuals and responds

An NVQ 3 (or equivalent) in Health and Social Care (or currently working towards the leve 3 Diploma) is required together with a willingness to achieve the Diploma at level 5

Team Leader

Full-time 35 hours per week (shift rotal

Salary £15,925 (pay review pending)

We are looking for a person who has experience of or an aptitude for meeting the needs of people who have autism/complex needs. You will support the Assistant Service Manager and the staff team to deliver the service in an environment suited to complex needs. An NVQ 2 (or equivalent) in Health and Social Care is required together with the willingness to achieve the Diploma at level 3.

The successful candidates will be committed to providing high quality support to people with learning disabilities. You will be responsible for ensuring the Service's budget is properly managed and that Cambridgeshire Mencap's policies and procedures are put into

Interviews week commencing 13th February

If you would like to find out more information contact Makhala Patman, Service Manager, Tel: 01223 441491.

21 hours per week

Community Fundraiser

Salary £20- £23,000 pro rata depending on experience
We are looking for an experienced community fundraiser who will be responsible for

developing and implementing strategies to maximise the charity's income from community sources, whilst also playing a major role in the marketing of the charity's support services to personal budget holders.

You will have a proven track record in individual giving/ community fundraising, with the ability to achieve annual income targets. You will also have the skills to produce persuasive marketing materials, manage fundraising and marketing campaigns and have excellent communication, interpersonal and IT skills.

Interviews week commencing 6th February

The closing date for all applications is 31st January 2012

For a job pack and application form visit our website www.cambridgeshiremencap.co.uk or contact Sue Fovargue on 01223 883130 or email sue@cambridgeshiremencap.co.uk

Cambridgeshire Mencap is an Equal Opportunities Employer and welcomes applications from all sectors of the community. Successful candidates will be subject to Criminal Record Bureau checks prior to appointment Cambridgeshire Mencap, Edmund House, 9 Church Lane, Fulbourn, Cambridge GB21 5EP (Registered Charity No. 1030988).

Jobsnov



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TwistDx is a diagnostics company engaged in exploiting its proprietary DNA amplification technology to develop new diagnostic products. We currently have the following vacancies;

Position 1; Freeze Drying Laboratory Technician (based at Cambridge Science Park)

Obuties involve; preparation of chemical and biological reagents, conduct in process testing, follow production SOP's

Salary range; £18 - 22,000 per annum + benefits

Position 2; Quality Systems Document Co-ordinator

(based at Cambridge Science Park)

Duties involve; quality system documentation controls including document changes, CAPA, change control, SOP's, batch records and

dudit reports
Support OME with development, implementation and maintenance of
OMS processes
Experience of ISO13485 or ISO9001;2008 within a medical device

manufacturing environment is essential Salary range; £22 - 25,000 per annum + benefits

Position 3; Warehouse Assistant

(based at Cambridge Science Park) **Duties involve;** day-to-day running of warehouse, quality checking incoming goods, pick and pack, manage deliveries out, general warehouse administration

Salary range; £16 - 19,000 per annum + benefits

Awareness of ISO quality standards and GMP is essential for all these

Position 4; Part-time Bookkeeper

(based at Babraham Research Campus) **Duties involve**; posting invoices/credit notes, expenses, remittance advices, dealing with both purchase and sales ledgers, some customer/supplier liaison, filing and credit control using Sage (maximum 3 days per week)

All positions require knowledge of Microsoft Office products and Outlook

In the first instance, please send your CV and covering letter to jayne@twistdx.co.uk or to request a more detailed job description No recruitment agencies please

NFU Mutual and NFU are holding an Open Event to find a talented individual to lead our Dry Drayton agency. If you're ambitious, commercially-minded, an inspiring hardworking leader and brilliant at building profitable relationships, we'd love to meet you. The event will give you the opportunity to learn about how working as an NFU Mutual Agent, you'll serve the financial needs of local members and, how you'll take on the role of NFU Group Secretary, championing British farming in vour region.

Recruitment Open Event

6 February 2012

(9am-6pm – Exact time slots will be confirmed nearer to the event).

Location: NFU Regional Office, Agriculture House, Willie Snaith Road, Newmarket, Suffolk CB5 7SN.

Closing date for registration: 22 January 2012.

You can talk to us about this event by calling 01789 202080. To register your interest in attending, please visit our website





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As you'll be working on a self-employed basis, you won't be directly employed by NFU Mutual.

Opportunities in IT

The Babraham Institute is a charity which is world renowned for its research in life sciences to enhance lives and improve



anvisonmental solutions

Senior Windows Server Administrator ref. SWSA/IT/P

Starting Salary Range - £35,860 p.a. to £39,846 p.a.

An opportunity has arisen for an experienced Windows Systems Administrator to join the Institutes computing services team. This is a hands on role and the successful candidate will be expected to actively manage, maintain, troubleshoot and develop the core Windows IT service with particular reference to the Exchange and Active Directory services.

Candidates must have extensive experience of supporting Window server systems, be an expert in the design, implementation, administration and troubleshooting of Active Directory 2008, Exchange 2010 and VMWare environments and have proven experience of staff supervision/management. Experience of working with SharePoint or Directory 2008. Blackberry Enterprise Server is desirable.

IT Service Support – ref. SS/IT/P Starting Salary Range - £21,460 p.a. to £25,000 p.a.

An opportunity has arisen for an enthusiastic and self-motivated person To join the computing services team in a service support role. The successful candidate will be expected to provide operational support to the infrastructure, windows and network area specialists as well as backup cover to other members of the team, and routine technical support to users of the computing service.

Candidates will have a good level of experience of working in an IT support environment with experience and a good working knowledge of storage, backup and virtualisation technologies. Experience of monitoring and troubleshooting windows server systems faults in a work environment as well as experience of Active Directory and Exchange email services management is also essential. Experience of support and a good working knowledge of Mac and Linux systems are desirable.

Further information about the Institute can be found on our website. Application forms and further details are available electronically from our website (www.babraham.ac.uk), or by contacting our 24-hour Recruitment Line on 01223 496365, or e-mail: babraham.personne@babraham.ac.uk. On applying please quote the appropriate reference. Closing date for completed applications is 1st February 2012. NO AGENCIES PLEASE

The Babraham Institute is a user of the disability symbol and is positive about

The Babraham Institute receives strategic funding from the Biotechnology and Biological Sciences Research Council and is an Equal Opportunities Employer.

M2 Environmental Ltd specialise in the treatment and recycling of hazardous waste with the majority and recycling of nazarrous waste with me majority of these waste streams being oil based. We manufacture a fuel oil from waste lubricating oil and due to this success we are now looking to recruit skilled individuals to ensure the business continues its positive development and growth.

Engineering Manager

We require a multidiscipline Engineering Manager for our busy engineering department. Knowledge of process equipment, including steam systems, centrifuges and instrumentation would be advantageous. Alongside reactive and preventative maintenance of our process equipment, and leading a large number of engineering projects on site, the role also has responsibility for managing vehicle servicing and repairs.

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We require a committed individual to work within our enthusiastic transport team.

The work will involve operating tankers to deliver/collect fuel oil plus the collection of oil and water from Interceptors. ADR training is preferred but not essential as all training will be provided. A good hourly rate and package is available for the successful candidate.

Technical Administrator

Primary role includes the day to day administration of our ISO 9001 and ISO 14001 management of our ISO 9001 and ISO 14001 managements systems, and general administration to assist Operations Manager and Transport Manager. Experience of auditing and administrating a management system is preferred. Additional experience of Risk Assessments and Health and safety regulations would be advantageous.

Apply in writing with a CV and a covering letter to:

Shirley Jenkins M2 Environmental Malary House Brookfield Business Centre Cottenham CB24 8PS.

The closing date for applications is the 3rd of February.

w.jobsnow.co.uk



General Vacancies

AVON Representatives wanted, all welcome, training provided, roads available, Liz/Russell: 07947 755141.

CLEANERS required in Newmarket Road Area. 5pm-9pm Mon- Frid @ £6.40p/h. Call 07966 118637 in office hours.

EARN £400-£600 part-time per month, deliver-ing and collecting cata-logues. 0800 6123247 www.SpareTimeSalary.

HAIRSTYLIST Required Central Cambridge Hair & Beauty Spa. Rent-a-chair. Tel: 07740 119444.

REQUIRED Qualified Electrician & Plumber and Multi Skilled all trades. email CV's to Richard@rdspropertyser vices.com or Tel 01223 213796

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Administrator, the role is
office based and
includes general administration includes general administration, secretarial/word processing skills and reception/telephone duties. This is a full time position with some Saturday mornings working on a rota. Please apply in writing to Nick Redmayne via hcol lier@rah.co.uk

S A L E S - P E R S O N required full-time, for busy bed store in Cambridge. Must have bed sales experience, be self-motivated and be self-motivated and organised. 5 days a week, OTE £25k per annum. Please email CV to: martin.bfs@btconnect.com or call Martin Hayman on: 07814 575949. Closing date 20th January 2012



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The role will be delivering personal and practical care to our clients, usually in their own homes, encouraging their independence to an optimum level. The Carer will also be required to complete documentation and to attend training and meetings.

The benefit of accepting this opportunity include:

- Flexible hours to suit your personal needs; days, nights, evenings and weekends
- Good rates of pay
- Thorough induction
- Regular training on various, relevant subject areas to develop you
- Friendly and supportive environment with constant access to Senior Carers and Nurses who can provide a wealth of knowledge and

All applicants must be eligible to work in the UK and be required to complete a Criminal Records Bureau Disclosure.

Due to the nature of the role applicants must be mobile; being a car driver would be advantageous. Phoenix ES Ltd prides itself on being a diverse and

How To Apply:
If you would like to apply for the position, please send your CV to:
laura.taylor@servocahealth.com or call 0845 371 0223.



HGV I Drivers For a contract based in Huntingdon.

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Monday to Friday contacts.

Weekend contracts also Call 01376 342929 or Email your CV to drive@csspeople.co.uk

RESERVATIONS ASSISTAN COACH CENTRE - 4 Days P

This position entails working with the public, providing information and selling coach tickets. Training will be given Applicants must be able to work flexible hours, as agreed. Please send CV to: Premier Travel, 10 Rose Crescent, Cambridge, CB2 SLL or email coach@premier.travel Closing date: 24/01/12

WEEKLY NEWS Classifieds Call our team on 01223 434 343

QUANTITY SURVEYOR

Required for company specialising in historic and listed building restoration throughout East Anglia Must be experienced.

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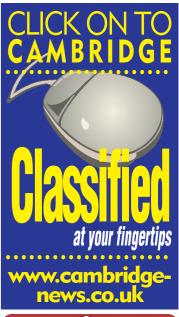
Hutchings & Harding Ltd is the leading chamois leather producer in the UK.

We have a vacancy for an Office Manager with a wide range of administration and customer responsibilities that will also include finance/accountancy

Candidates will need relevant experience, good organisational skills and some accountancy qualifications.

This is an exciting opportunity to join an informal but well-established local company. Normal hours are Monday-Friday 9.00-5.00.

Please write with your CV to: Matthew Fagan, Hutchings & Harding Ltd. 163 High Street, Sawston. Cambridge CB22 3HN or email chamois@chamois.com





LADIES SEEKING

ELAINE young looking 58yr old female, slim, blonde, GSOH, genuine, honest, trustworthy, likes meals out, nights in, walks, cinema, seeks caring, intelligent male, 54-62 for friendship and TLC. Tel No: 0906 500 3778 Box No: 383813 🗎

SASHA 57, honest, medium build, brown hair, blue eyes, seeks male for LTR. Tel No: 0906 500 3778 Box No: 383725 🗎

CAROL alone on a Saturday night with a bag of chips, what am I doing? Sick of being single and looking for a male who can handle a good women. Tel No: 0906 500 3778 Box No: 383119

SHARON 5ft 7ins, slim blonde. attractive, funny, good job, nice home, sports car, well educated/travelled, newly single and looking for love. Call me. Tel No: 0906 500 3778 Box No:

ERIN attractive petite divorcee with own home, looking for nights in/out, friendship and maybe more with mature male. Looks/status unimportant. Tel No: 0906 500 3778 Box No: 383111

SINGLE lady, 48, 5ft energetic, likes walks, country food, swimming, gardening, seeking a male with similar interests for good times. Tel No: 0906 500 3778 Box No: 380115 🗎 SOUTH African lady, 53, caring, looking for fun and friendship. Tel No: 0906 500 3778 Box No:

380029 ₽

LADY no ties, fun loving, GSOH, slim, likes everything, good conversationalist, seeks gent, 65-75 for sincere friendship. Tel No: 0906 500 3778 Box No: 380999

MARIA young attractive widow, 49, likes pubs, clubs, meals out, theatre, walks, nights in, looking for caring, loving, solvent, genuine male 40-60 for friendship maybe more. Tel No: 0906 500 3778 Box No: 379573 A

SALLY 56, loyal, loving, GSOH, brown hair/eyes, slim, N/S, seeks honest, loving male, 55-60 to spoil and enjoy life with. Tel No: 0906 500 3778 Box No: 378163 🗎

LOUISA 36, dark blue eyes, wavy hair, pretty, seeks male. Tel No: 0906 500 3778 Box No: 380033 ft

LESLEY 61, widow, tall, slim, smoker, GSOH, young at heart, wants to share life with Mr Right Tel No: 0906 500 3778 Box No: 380167

ATTRACTIVE female, 43, 5ft 3ins likes pets, cooking, music, walks, seeks kind, caring, genuine male for lasting relationship. Tel No: 0906 500 3778 Box No: 380161 ੈ

LISA 40, single mum, 5ft 3ins, medium build, seeks male for friendship, possible relationship, 30-50. Tel No: 0906 500 3778 Box No: 380929 A

40YR old single mum, 5ft 3ins medium build, blue eyes, short hair, seeks male, 30-45 for friendship, maybe more. Tel No: 0906 500 3778 Box No: 371421

TAMMY young 31yr old good looking brunette with no ties. seeking fun romantic guy for meals out, cosy nights in and more. No time wasters pls. ACA. **Tel No:** 0906 500 3778 Box No: 378009

FEMININE friendly, attractive female, 5ft 6ins, dark hair, green eves, curvy, likes travel, home life. walks, sports, seeks down to earth male, 55-65 with good personality for friendship/relationship. Tel No: 0906 500 3778 Box No: BLONDE female, slim, 65, looking for gent late 50's-early 60's who likes dancing. Tel No: 0906 500 3778 Box No: 382783 ft

LADY early 80's, likes gardening companionship, meals out, GSOH seeks caring, genuine male. Tel No: 0906 500 3778 Box No:

BROWN haired single mum 30 seeking N/S male, 25-40 for friendship maybe more Tel No: 0906 500 3778 Box No: 383103

ACTIVE lively lady, likes music reading, walks, tennis, bridge, travel, seeks outgoing man with GSOH in mid 70's, perhaps we could share a meal, socialise or watch a dvd with bottle of wine. Tel No: 0906 500 3778 Box No: 382633

41YR old female, average build, likes animals, seeks similar male up to 46, who is genuine, kind and trustworthy. **Tel No: 0906 500** 3778 Box No: 389048 A

75YR old widow, seeks male, 73-79 to share life with N/S who enjoys walks, travel, days out and has a GSOH. **Tel No: 0906 500** 3778 Box No: 382691

60YR old widow, 5ft 9ins, medium build, likes theatre, holidays, walks, nights in, seeks genuine gent for friendship, maybe more. Tel No: 0906 500 3778 Box No:

LADY 70's slim, smart, likes dancing, walks, days out, seeks slim gent with similar interests for friendship/companionship. **Tel No:** 0906 500 3778 Box No: 382139

MODERN attractive widow, 60's, fit, 5ft 6ins, likes meals out, travel, keeping busy, seeks similar N/S male for friendship. Tel No: 0906 500 3778 Box No: 380691 🗒

STUNNING black female, 30's, HIV positive, many interests, seeks white male for friendship, maybe more. Tel No: 0906 500

GWEN lovely dark haired, dark blue eyed slim sensual female with GSOH, WLTM male 35-50 for fun dates and romantic nights in together. Tel No: 0906 500 3778 Box No: 380443 f

IVAGNI 71, black, likes travel, gardening, most things, seeks white male for friendship. Tel No: 0906 500 3778 Box No: 387354

FEMALE 42. 5ft 8ins, solvent professional, seeks intelligent gent who enjoys outdo

BILL 71, caring, affectionate, likes gardening, DIY, cinema, tv, places of interest, seeking female of similar age fo romance and LTR. Tel No: 0906 500 3778 Box No: 383905

RICHARD 60. honest. GSOH. seeks female companion 45 plus to share walking, dining out, holidays, theatre and wine by the fire. Tel No: 0906 500 3778 Box

LANDSCAPE builder 49, kind, caring, fit, seeks female, 30-55, black/white for concrete black/white relationship. Tel No: 0906 500 3778 Box No: 383809

KEN 59, seeks young female, 40-No: 0906 500 3778 Box No: 383739

COUNTRYSIDE partnership. Fit 50yr old guy, divorced, hardworking, seeks attractive female/soul mate. Tel No: 0906 500 3778 Box No: 383723

RESCUE from scrap Divorced male, charm, good looks, scratches and dents but in good working order, seeks female, 30-50, black/white, rich or poor. Tel No: 0906 500 3778 Box No:

MEN SEEKING

60 for daytime fun and friendship. Tel No: 0906 500 3778 Box No:

YOUNG guy, GSOH, looking to meet attractive female for fun times. Tel No: 0906 500 3778 Box No: 383567

68YR old male, smart, fit, likes nights in/out, walks, holidays, seeks likeminded female to share happiness with. Tel No: 0906 500 3778 Box No: 383531 A

58YR old male, looking for female, any age/status for discreet fun times. **Tel No: 0906 500 3778 Box** No: 383507 ft

GAY SEEKING

50'S male, bi CD, looking for fun. Tel No: 0906 500 3778 Box No: 383587

ROBERT 46, single, gay passive, large build, seeks single gay male, 35-55, preferably large stocky build for LTR. Tel No: 0906 500 3778 Box No: 376489 ft 🛍

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Your CV

When you send your CV off to a potential employer, remember that you won't be the only one. Hundreds of other people could be applying for the job as well.

So what are you going to do to make you stand out from the crowd? Why should an employer take a chance on you instead of someone else?

Your CV is your first real chance to sell yourself to a potential employer. Most employers will scan through a CV in about 30 seconds so you need to grab their attention from the start - and make them want to invite you for an interview.

There are five main areas to consider when writing your CV:

- Make sure your CV looks the part. Your CV should look clean and tidy don't scrawl it out on a piece of A4 paper. If you haven't got access to a PC or printer, ask a friend or use your local library. Use a good quality paper and steer clear of fancy borders and front covers.
- Watch out for silly spelling and grammar mistakes. They make you look lazy and show employers that you don't really care. It's not difficult to do a spell check on your PC and if you're really stuck then don't just guess, reach for a dictionary. Get a friend to read through your CV for you a second opinion is always useful.
- Make sure your CV is well organised. When you list your previous jobs, make sure the dates are correct and try not to leave any gaps. If you took time out to go travelling then say so employers won't mark you down just because you've tried something new.
- Don't waffle. Remember that employers don't have time to read every word of your CV. Long paragraphs and sentences put people off, so try bullet-points to break up text. Make sure your CV is no longer than two pages long employers don't want your life history, they just want to see that you've got what it takes to do the job.
- Don't list any failures. Employers have enough trouble finding someone who is right for the job they don't need help finding reasons not to employ you. If you have to include a mistake from your past, make sure you show the employer that you learnt something from the experience.

Keep it simple

Personal details

Start off with your full name, address, date of birth, home and mobile phone numbers, email address and nationality. If you are offered an interview, the employer will want to get hold of you so give him as many options as possible.



Summary/professional profile

This is the No1 area for selling yourself. Set out your main skills and personal qualities but keep it interesting and tight - one paragraph should do to cover everything.

Education and qualifications

List your qualifications and education history, with the most recent first. You don't need to list the grades for each exam you have passed unless they were exceptional results - simply listing the number and type of exams you've passed is fine. Also, list any relevant professional organisations you belong to and training courses you have been on.

Work experience

Start with your most recent position and work backwards, giving addresses along with start and finish dates. Set out your main responsibilities, duties and most importantly achievements, along with any skills you picked up or improvements you made while you were there. This is a really important section in your CV so make it count - but don't waffle.

If you have not had a full-time job before, detail any part-time jobs you may have held or any placement you have been on.

Other skills

Set out any computer skills you may have and the software you are most familiar with. Can you type, do shorthand or speak a foreign language fluently? If you have a driving licence, let the employer know. If it's clean, tell them.

Interests & hobbies

Briefly list what you get up to in your spare time. Put down any positions you hold in clubs or associations, along with any responsibilities and achievements.

References

Make sure you have at least two people (including one from your previous or current job) who will tell an employer what a thoroughly nice person you are and what a potential asset to the company you would be. If you want to list them now make sure you include their name, job title, postal & e-mail address and contact phone numbers. Alternatively, just put "Available on request" so the employer knows to follow up references at a later date.

Add a covering letter

The main aim of a covering letter is to encourage an employer to give you a chance. You want them to read your CV, so sell it to them. You should always enclose a covering letter when applying for a job - most employers won't consider you unless you do.

A covering letter should let the employer know why you are interested in the job and why you think you can do it

The hints and tips below should point you in the right direction:

- Keep it simple. A covering letter should be short and to the point no more than six paragraphs.
- Mention the job. If you are replying to an advert, mention what the job is and where you saw it. The company may be advertising for other positions and it may not be clear which job you are applying for.
- Sell yourself. Explain why you are the perfect candidate for the job. Show off your strengths and experience. Refer to your CV if it goes missing then at least an employer will know that you've sent it.
- Check it for mistakes. A silly spelling mistake in a covering letter is likely to cost you your chance of getting an interview. Also, make sure it is addressed to the right person in the right department.

A covering letter can be just as important as a CV in getting you an interview. It's your first point of contact with your potential employer - so make it count.

>> Wheelchair basketball

THREE-TIME Paralympian Caroline Maclean helped wheelchair basketball teams Eastern Blue Stars and Aspire Stars raise more than £400 towards their training and travel expenses at an exhibition game.

The only women's wheelchair basketball sides in East Anglia went through their paces in a two-hour fund-raising drive, demonstrating their skills and taking part in an exhibition game against members of the Westbury **Community Association and Social** Club, most having never sat in a wheelchair before.

Haverhill-based Maclean said: "It's been such a great atmosphere, and

Maclean helps Stars cash in

we're thrilled to have raised so much in just two hours. "It was great to be able to give

both adults and children the opportunity to watch us warm-up and play, as well as actually having a go in a basketball wheelchair and trying to shoot.

The top scorer in the penalty shoot-out only got one basket, which shows how difficult it is to get a basket from a sitting



Stars shine: Caroline Maclean (left) lines up with the Eastern Blue Stars team

>> Football

Hills sparks Wratting ra

West Wratting 3 Lakenheath 2

Kershaw League, Premier Division DANNY Hills hit a hat-trick as West Wratting hit back twice to take the points.

Luke Butcher put the visitors in front after five minutes and then after 30 minutes – both headers from corners – sandwiching Hills' first equaliser when he beat two defenders to

His second leveller came after Craig Cutts squared the ball to him and then grabbed the winner midway through the second half.

Wratting joint-manager Brian Pilgrim said: "We were outstanding. We defended and counter-attacked really well, so I'm pleased we got the three points."

Bishop Stortford 1 Haverhill Rovers 2

Eastern Junior Alliance, under-14

WILL Bailey scored the decisive goal as Haverhill finally put 10-man Bishop's Stortford to bed in a

scrappy match on a bumpy, frost-affected pitch. Bailey struck in the second half, beating the home defence to fire home as they worked hard to compensate for having a numerical disadvantage.

Bailey earlier thought he had earned a penalty for his side but the foul went unpunished. However, Rovers did earn a spot-kick when a Stortford player handled Michael Johnson's header on the line.

The defender was sent off and Charlie Lewis tucked away the spot kick. Stortford raised their game and equalised, but they had no answer to Bailey's winner.

Godmanchester Rov 4 West Wratting 2

Cambridge and District Colts League Cup, quarter-final TWO goals in the final stages of the tie sent West Wratting packing. In a good match, played at a high tempo, Ben Weedon put Wratting back on level terms after an early setback.

Mark Coulson put them ahead with a well-taken penalty in the second half but they missed some good chances to kill off the tie, and were ultimately undone by Godmanchester's late rally. Comberton Crusaders 1 Kedington 3

Cambridge and District Colts League Cup, under-14 KEDINGTON'S sharper finishing earned them victory. They broke the deadlock midway through a fairly even first half, when Ty Alleyne's shot was only partially cleared to skipper Jason Moore, who turned it back in for Steve Boyles to convert.

Alleyne doubled the score soon after, collecting Boyles' deft flick to race through and fire past the keeper.

Comberton cut the deficit with a scrambled goal just before the break but Kedington wrapped up the game up early in the second half when Leon Bailey's cross found Alleyne, who unselfishly set up Bailey Cassidy, who blasted home.

>> Golf

Bareham's out of luck

EAMONN Bareham missed out on the leading places in the four-ball better-ball competition at the Bungay and Waveney Suffolk Alliance Meeting.

Partnering Bill Darling (Stowmarket), the Haverhill player finished with 40 points behind John Foord (Felixstowe Ferry) and Robin Hood (Brett Vale) on 43 points and Ian Wheeldon and David Bailey (Ufford Park & Diss) 42 points, and Tony Paine and John Partridge 41pts (Rushmere & Stoke-by-Nayland)

41 points.
■ A better back-nine score helped Jane Herrington win the ladies' stableford on countback from Mary Sail after both finished with 36 points. Catie Heathfield was third with 32pts.

The men's midweek medal also went to countback, Gordon Gibson finally getting the nod after his nett score of 67.

He has since had his handicap cut to 18.

Division One: 1 Andy Gage 79-12-67 on countback from 2 Tim Daniels 79-12-67, 3 Alan

Division Two: 1 Gordon Gibson 86-19-67, 2 Stuart Haworth 89-20-69, 3 Trevor Smith 88-18-70. Division Three: 1 David Chapman 95-23-72, 2 Ken Johnson 94-21-73, 3 Roger Corbett 98-21-77.

■ The junior medal competition also produced a close finish in both categories, although because of the switch to a number of temporary greens the event was a non-qualifier. Michael Perrett came out on top in the white tee

competition with Jason Carpenter edging the yellow tee players.
White tees: 1 Michael Perrett 72-6-66 on countback from 2 James Higham 78-12-66, 3 Liam Merritt 79-6-73, Yellow tee: 1 Jason Carpenter 108-36-72, 2 Dan Walker 106-34-72, 3 Edward Helpin 101, 20-72 Halpin 101-29-72.

Results

FOOTBALL

Saturday

RIDGEONS LEAGUE

Premier Division: Brantham Ath 8 Newmarket Tn 1, Dereham Tn 2 Hadleigh Utd 0, Diss Tn 1 Mildenhall Tn 3, Felixstowe & Walton 0 Norwich Utd O. Gt Yarmouth Tn O Stanway Roy 4. Haverhill Roy 1 Wroxham 2, Kirkley & Pakefield 1 Ely City 2, Walsham le Willows 2 FC Clacton 2, Wisbech Tr v Gorleston (post), Woodbridge Tn 1 CRC 2.

P W D L F A Pts

Wroxham 25 19 3 3 65 18 60

Wroxham25	19	3	3	65	18	60
Brantham Ath25	17	2	6	66	33	53
Ely City24	16	5	3	52	36	53
Dereham Tn26	15	1	10	48	37	46
Norwich Utd27	13	6	8	40	28	45
CRC26	13	5	8	62	47	44
Wisbech Tn23	14	1	8	54	38	43
Stanway Rov27	13	4	10	55	41	43
FC Clacton23	13	2	8	47	34	41
Mildenhall Tn27	12	5	10	55	45	41
Woodbridge Tn26	11	7	8	58	42	40
Hadleigh Utd27	11	4	12	54	57	37
Gorleston22	10	5	7	38	35	35
Haverhill Rov25	10	4	11	49	51	34
Kirkley & Pakefield28	7	8	13	46	49	29
Diss Tn26	7	6	13	25	39	27
Felixstowe & W Utd24	7	5	12	36	42	26
Walsham-le-Willows25	6	5	14	34	52	23
Wivenhoe Tn28	6	4	18	27	54	22
Newmarket Tn29	3	6	20	30	87	15
Gt Yarmouth Tn27	1	4	22	24	100	7
TREADEIRCE I						

TREADFIRST HALSTEAD LEAGUE

Premier Division: Bures res 2 Rayne res 1, Clare res 2 Acton Crown 3, Halstead Wanderers 10 Glemsford Gladiators 2, Helions Bumpstead 2 Kedington 3, Punch 68 1 Belchamps 3, Sporting 77 5 Pehmarsh 3

P	W	D	L	F	Α	Pts				
Halstead Wanderers10	8	1	- 1	49	15	25				
Belchamps12	8	1	3	42	14	25				
Helions Bumpstead12	8	1	3	46	21	25				
Pebmarsh10	8	0	2	43	21	24				
Punch 6810	7	0	3	30	16	21				
Sporting 7712	5	3	4	28	29	18				
Acton Crown11	4	2	5	28	28	14				
Bures Res14	4	2	8	26	34	14				
Kedington8	4	0	4	22	25	12				
Glemsford Gladiators12	3	3	6	24	39	12				
Rayne res14	4	0	10	18	48	12				
Clare res9	2	1	6	21	28	7				
Finchingfield12	1	0	11	14	73	3				
KERSHAW LEAGUE										

Premier Division: Brampton 2 Foxton 4, Chatteris Tn v Somersham Tn (post), Eaton Socon

Paxton 3, Soham Utd 2 Castle Camps 1, Needingworth Utd 0 Cambridge City res 3. Senior B: Cambridge Univ Press res 1 West

4 Newmarket Tn res 1, West Wratting 3 Lakenheath 2, Ely City res 1 Waterbeach 3. Senior A: Debden 5 Girton Utd 1, Milton 5 Great

Wratting res 1. Fenstanton 4 Outwell Swifts 0. Lakenheath res 1 Comberton Utd 8, Mildenhall Tr res 0 St Ives Rgrs 2.

BIS LEAGUE

Division 1A: Bottisham Sports 2 RHS Utd 4, Steeple Bumpstead 2 Clare Tn 2, Whittlesford Utd 1 Gamlingay Utd 2. Division 4A: Cambridge Ambassadors 2 Saffron

Rgrs O, Debden res O Fowlmere res 4, Litlington Athletic 5 Meldreth 1, West Wratting A 2 Foxton res 1.

Rest of programme postponed.

CAMBS MINI LEAGUE

Under-9B: Balsham 1 Great Bardfield 9, Shelford & Stapleford Strikers Blue 4 Haverhill Rov

Under-10A: Elsenham 8 Haverhill Rov White 1.

Rest of programme postponed.
S-TECH CAMBS GIRLS' LEAGUE

Under-13 South: Bar Hill O Haverhill Rov 4, Bassingbourn 5 Comberton Crusaders 0.

■ Rest of programme postponed. Sunday

TREADFIRST SUDBURY & DISTRICT SUNDAY LEAGUE

Division One: Horse & Groom 2 White Hart 1. Division Three: Haverhill Rose Tavern 1 Acton Crown 6, Haverhill Tn 1 AFC Thurlow 3, The Breadmen 1 Cole Green 1; Division Three KO Cup, semi-final: HESMC 3 Pebmarsh Dragons 1.

Division Four: Bildeston Rgrs 2 Sudbury Vikings 4, Haverhill Hammers 4 Long Melford

TREADFIRST SUDBURY & DISTRICT SUNDAY LEAGUE CHALLENGE CUP

Third round: Woolpack Wdrs 4 Waldingfield 2.
Fourth round: Dragons 3 Black Pack 4,
Lavenham v Lionhearts (post), Super Shooters 2 Boxford Rov 5.

DON EVANS CUP

Second round: Haverhill Rose & Crown v Assington (post), Wells Hall Wdrs 11 Cornard Five Bells 1.

CAMBRIDGE AND DISTRICT COLTS LEAGUE

Under-12B: Hundon Hawks O Haverhill Rov 5,

Stretham Sporting 2 Newmarket Tn Blue 5, Tuddenham Rgrs 0 St Ives Rgrs White Sox 2. Under-13C: Stretham Sporting 1 Waterbeach 4, Hundon Hawks 2 Plantation 7, Shelford &

Stapleford Strikers White 1 Cambridge Celts 3.

Under-13E: Steeple Bumpstead Dynamos 5
Benwick Athletic 1, Great Paxton 1 Girton 2, Sutton Rors 3 Isleham Utd 2.

Under-15A: Cambourne Eagles 1 Haverhill Rov Blue O, Cherry Hinton Lions White 2 Fulbourn Falcons 4. Under-15C: Sawston Utd 3 Cherry Hinton

Lions Blue 6, Walden Wdrs 2 Buckden 5, Whittlesford Warriors 3 Hundon Hawks 1.

■ Rest of programme postponed. CAMBRIDGE & DISTRICT COLTS LEAGUE CUP

Under-14: Comperton Crusaders 1 Kedington 3 Mildenhal Th O Ramsey 2. **Under 15:** Arbury Aces 3 Saffron Walden Tn O, Godmanchester Rov White 4 West Wratting 2, Soham Utd 4 Girton 0.

Tuesday

CAMBS INVITATION CUP

Quarter-final: Wisbech v Haverhill Rov (post). **HOCKEY**

SUFFOLK WOMEN'S LEAGUE

Premier Division: Christchurch i Havernin 6.							
P	W	D	L	F	Α	P	
Haverhill13	12	0	1	601	1	3	
Bury St Edmunds II12	9	1	2	38	15	2	
Harwich & Dovercourt 13	7	2	4	30	21	2	
Grasshoppers12	6	2	4	27	16	2	
Felixstowe12	5	2	5	28	24	- 1	
Lowestoft II11	5	2	4	17	22	- 1	
Castaways12	3	6	3	17	19	- 1	
Ipswich IV13	4	3	6	23	30	- 1	
Newmarket II11	3	3	5	17	34	- 1	
Ipswich - ES II12	1	1	10	12	34		
Christchurch II13	1	0	12	12	55		

	P		W	D	L	F	A	P
Haverhill II	11		10	1	0	37	11	
Carlton Park II	11		7	0	4	25	19	
Ipswich V	11		6	0	5	26	25	
Sudbury III	11		4	1	6	21	19	
Bury St Edmunds III*			5	0	6	17	22	
Lowestoft III	12		2	3	7	21	33	
Grasshoppers II	11		1	3	7	10	28	
	_	_						

POOL

HAVERHILL THURSDAY LEAGUE Rose Tav Tarts
The Bull
Barnradiston Arms
Rose & Crown A
Wratt Chestnut Tree
White Hart A
Rose Tav Leftovers
HESMC Young Guns
Suffolk Punch CC Rose Tavern B HESMC Pink Panthers8 Rose & Crown B

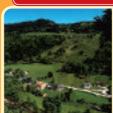
RUGBY UNION

SUFFOLK LEAGUE Division One: Haverhill 55 Woodbridge 5

FRIENDLY LEAGUE Shelford V 41 Haverhill II 15.

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Maclean helps Stars cash in



FULL REPORT IS ON PAGE 55

Haverhill set for a harder Woodbridge test

Haverhill 55 Woodbridge II 5

Havernin 30 woodoringe it 5 Suffolk Merit League HAVERHILL are anticipating a more searching examination on Saturday (2pm) when they face Woodbridge's first team at home in the Suffolk Plate.

The club's second team were ruthlessly

put to the sword last weekend, but Haverhill are prepared for a tougher clash against a team from a higher level as they go in search of their second piece of silverware this season.

Woodbridge II arrived at the Castle Playing Fields with only 13 players, and

with the rules about substitutions and replacement front rows are abandoned in support of the league's ethos of "play rugby first", Haverhill dropped to 14.

It was always going to be a hard day at the office for the visitors, who had to throw in the towel after 55 minutes when two further players were forced off with injuries.

They nevertheless made a bright start and only stoic defence from Adam Hunt, Mike Woods and Stuart Newman prevented them scoring more points.

Haverhill, though, opened the scoring on five minutes, Gavin Hope scampering over from 30m and stretched clear with another

Up for it: Carl Anderson Woodbridge line as he secures possession CF

after 15 minutes which stemmed from Harry Marsh winning a line-out and Woods breaking 50m. From a scrum, Simon Potter won the ball against the head and Potter sent in Hope for his second. Hunt added the conversion.

Hunt went over for the third try, which he also converted, after Potter's 30m run and Potter got on the scoresheet after another flowing backs move on 30 minutes. Hunt's

conversion took the score to 26-0.
That became 31-0 soon after the restart when Micky Lansdowne's powerful 40m drive released Newman, who was in for a certain try until play was called back for a forward pass. Haverhill destroyed the scrum, the resulting penalty was kicked to 10m, and Haverhill's catch and drive led to Flannery spinning over.

A penetrating run from Hunt and a series of passes between backs and forwards put Hope in for his hat-trick, with Hunt's

conversion making it 38-0 on the whistle. Half-time predictions that weakened Woodbridge were on the ropes seemed premature when the visitors scored after 42

However, quick-thinking prop Dave Quinney took a quick tap-penalty and ploughed over to restore Haverhill's hefty points advantage within two minutes.

Newman and Woods added further touchdowns soon after, and with 'try-aminute' rugby looking likely – particularly as the second visiting player limped off – the referee called a halt after Hunt's Shelford V 41 Haverhill II 15 CONSIDERING that last season Haverhill struggled to complete their programme because of a player shortage, the fact that they were able to play two games on Saturday - with the seconds also travelling with two replacements made the fixture at Shelford a success, regardless of the

Coach Peter Lester, who set out to establish the second team again as the platform for young players progressing from the club's youth set-up to play with experienced players, described Saturday's team as a "perfect mix of old, new, experienced and inexperienced men enjoying the game of rugby. Pity about the result. Shelford, who used their tried and tested scissors move to perfection, were three tries to the good before

Keiron McDonagh, who had

A victory in defeat

delayed his start because of a back twinge in the warm-up, picked up ball won against the head to gallop 30m to touch down. Soon after, Neil Richards put Paulo Nash through to put some more points on the

Shelford, 31-10 ahead at the interval, added another try soon after but were forced on the back foot when the hard-working Alan Burnett, who had done well to stay on for so long, had to go off and man-of-the-match McDonagh dropped back No 8 to partner Daren Carew.

After an agreed break, Shelford scored again, but the Haverhill scrum started to get on top and the last score went to McDonagh, who finished off a good couple of phases of play.

>> Football: Ridgeons League, Premier Division

Ref pulls plug on Rovers' late show

Haverhill Rovers 1 Wroxham 2

Ridgeons League, Premier Division HAVERHILL Rovers were denied a draw against the runaway league leaders in highly-controversial

circumstances.

After trailing 2-0, Rovers launched a stunning comeback which looked to have salvaged a point when, with time running out, Stuart Kingham hooked a deep cross back into the area and Greg Strong rose to head home.

However, before the ball hit the net, referee Adrian Gillett had blown to signal the end of the game, leaving the New Croft fans shell-shocked.

It was a bitter end to a game in which Rovers emerged with a good deal of credit.

Wroxham took the lead on 16 minutes when a free kick from Shaun Howes went through the home side's defensive wall and

deceived keeper Aaron Benstead.

Dan Cornwell forced a good stop from Wroxham's Michael Hilton five minutes later, and although Benstead had to be alert to save from Gary Gilmore following a run from the ever-dangerous Jordan Rocastle, Rovers more than held their own in the run up to half time.

They dominated the majority of the second half in their search for an equaliser, Cornwell shooting wide when through after 48 minutes, and he had the ball in the Wroxham goal three minutes later, only to have it chalked off for offside.

Marcus Hunt hit the bar in the 70th minute, but the game seemed settled six minutes later when Matthew Daniels burst through the Rovers defence only to be up-ended by Benstead for a penalty which he duly converted. Backed by a vocal crowd, Rovers hit back and when Jack Wilkinson headed in Jack Higgs' cross, an unlikely comeback looked on the cards.
Unfortunately for Rovers, the

equaliser was just a split-second

■ Rovers travel to Mildenhall in the league on Saturday before making another attempt to play their Cambs Invitation Cup quarter-final at Wisbech on Tuesday. Their original tie this week was postponed because the Fenmen's pitch



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